



Thank you for your interest in the “Stop the Bleed (STB) – First Aid for Severe Bleeding” Program.

This agencywide initiative teaches volunteer employees how to control life-threatening bleeding until Emergency Medical Services (EMS) arrive.

Several presentations and classes have been offered during Safety and Health Days outreach events and via Facility Manager newsletters. Please be sure to read the KSC Daily News.

By learning a few simple techniques, anyone can become an "immediate responder" and help save a life. The hands-on training for the program focuses on three main techniques:

- **Applying direct pressure:** Firmly and continuously pressing on the wound with a bandage, cloth, or your hands.
- **Packing the wound:** For deep wounds, stuffing the wound cavity with hemostatic gauze, first aid gauze, or clean cloth to stop the bleeding from its source and then apply direct pressure.
- **Applying a tourniquet:** For severe, life-threatening bleeding on an arm or leg, placing a tourniquet two to three inches above the wound and twisting the rod until the bleeding stops.

The “STB Kits” are being selectively placed throughout KSC, focusing primarily in high hazardous operation and construction activity areas. A few are being co-located with the Automated External Defibrillators (AEDs).

How to volunteer for the “Stop the Bleed (STB) – First Aid for Severe Bleeding” Program: Anyone can participate in a Stop the Bleed training, regardless of prior medical experience. To get involved contact your Facility Manager and express an interest in developing a class – we need 8 minimum to hold a class. You can also send an email of interest to the POC’s below:

POCs: Stephen.pilkenton-1@nasa.gov albert.s.praetorius@nasa.gov brittany.freeman@nasa.gov

