

MEET THE FITNESS TEAM



Hello!

I am Donna Foust
The Fitness Manager

CONTACT INFO

You can reach out to me for
any questions through email:

donna.a.foust@nasa.gov

ABOUT ME

I am a highly competent and enthusiastic personal trainer and fitness instructor with a proven ability to help people achieve their fitness goals. I am certified in CPR/AED Adult/Child/Infant; Les Mills Body Pump Instructor; Les Mills Sprint; NAFTA Group Exercise Certified and NAFTA Power Cycle Certification.

