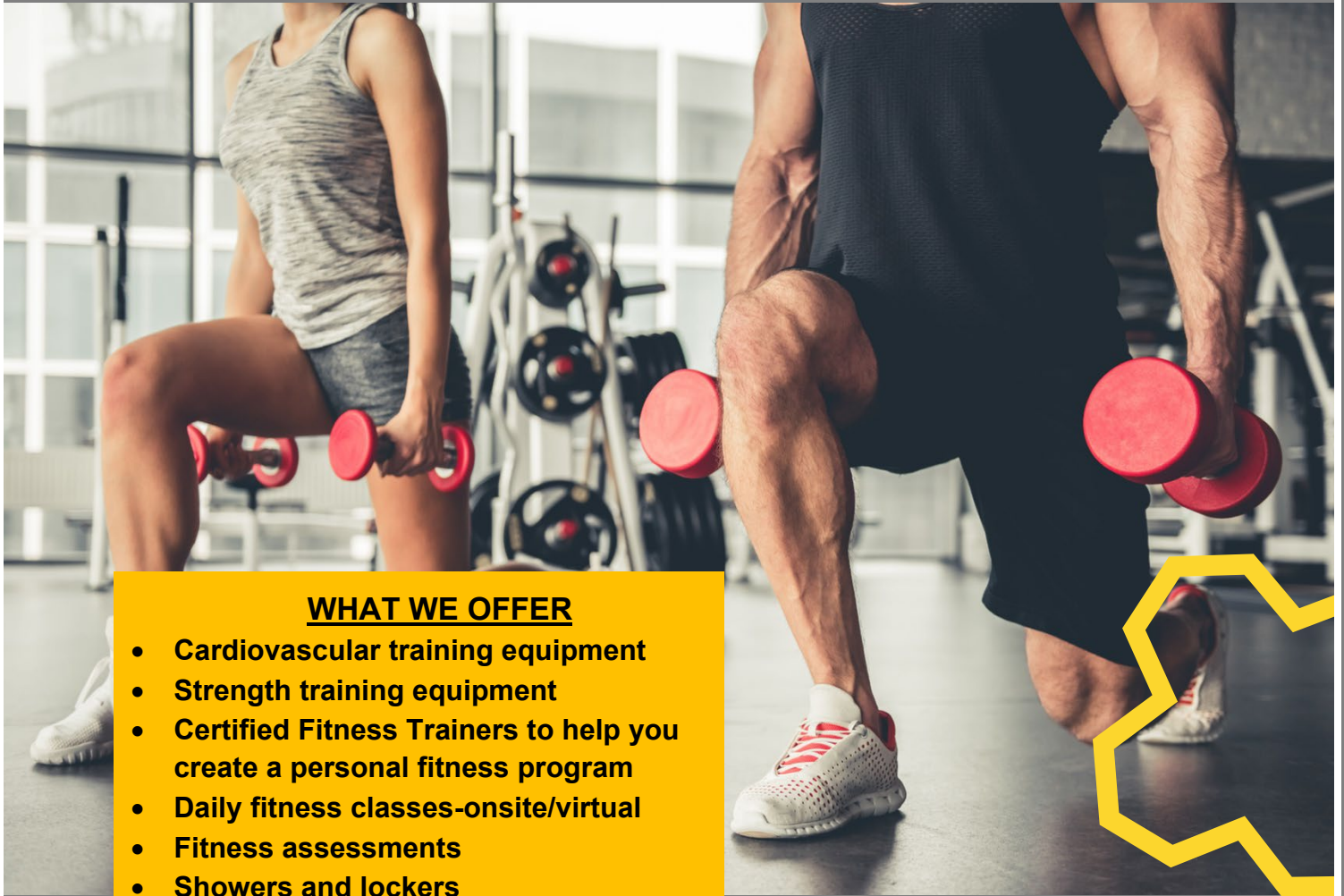


# WELCOME!

## NASA GSFC Fitness Center Members



### WHAT WE OFFER

- Cardiovascular training equipment
- Strength training equipment
- Certified Fitness Trainers to help you create a personal fitness program
- Daily fitness classes-onsite/virtual
- Fitness assessments
- Showers and lockers

### CLEANING & HYGIENE

- Hand sanitizer placed throughout the gym
- Wipes provided for members to wipe down machines before and after usage
- Equipment wiped down by staff throughout the day

For more information call us  
@T. (301) 286-8404

Professionally Managed by Aquila | [www.aquilaltd.com](http://www.aquilaltd.com)

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