



## Save Your Breath Related Online Resources from NASA

National Aeronautics and  
Space Administration



### **Resources for Student Research**

Artemis Program – Landing page for information on NASA’s Artemis program, including returning to the Moon and using what is learned to advance human exploration to Mars.

<https://www.nasa.gov/artemisprogram>

Artemis: Humanity’s Return to the Moon –Information about NASA’s work to return to the Moon, the technology and timeline involved

<https://www.nasa.gov/specials/artemis/>

Suit Up With NASA – Landing page for information on spacesuits, including changes in suits over time and the development of the new Artemis-generation spacesuits

<https://www.nasa.gov/suitup>

What is a Spacesuit? – Leveled reader for students providing an introduction to spacesuits and their critical role in NASA’s exploration missions

<https://www.nasa.gov/audience/forstudents/5-8/features/nasa-knows/what-is-a-spacesuit-58.html>

Life Support Systems – An overview of environmental controls and habitation systems, including monitoring and management

<https://www.nasa.gov/content/life-support-systems>

Suits Through the Eras – An overview of changes made to spacesuits over the past 60 years

<https://roundupreads.jsc.nasa.gov/pages.ashx/1307/Suits%20Through%20the%20Eras%20An%20Origin%20Story>

About the Moon – A visual summary of many of the basic facts about the Moon including measurements, orientation, composition, and time metrics

<https://solarsystem.nasa.gov/moons/earths-moon/>

### **Resources for Supporting Activities**

Spacesuits and Spacewalks – A collection of educational resources and activities for kids about spacesuits and living and working in space

<https://www.nasa.gov/audience/foreducators/spacesuits/eduactivities/index.html>

NASA at Home – A library of crafting ideas, science experiments with household items and videos to watch as a family

<https://www.nasa.gov/specials/nasaathome/index.html>

STEM Activities – A series of lessons, challenges, and making-style activities

<https://www.jpl.nasa.gov/edu/teach/>

NASA’s Eyes on the Solar System – A downloadable solar system simulator that includes all of the major missions through the solar system

<https://eyes.nasa.gov/>