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Summary:

Kate Rubins was selected by NASA in 2009. Rubins completed her first spaceflight on Expedition 48/49, where she became the first person to sequence DNA in space. She holds a Bachelor of Science in Molecular Biology from the University of California, San Diego and a Ph.D. in Cancer Biology from Stanford University Medical School Biochemistry Department and Microbiology and Immunology Department. Dr. Rubins conducted her undergraduate research on HIV-1 integration in the Infectious Diseases Laboratory at the Salk Institute for Biological Studies. She worked as a Fellow/Principal Investigator at the Whitehead Institute for Biomedical Research and headed 14 researchers studying viral diseases that primarily affect Central and West Africa. Rubins most recently served aboard the International Space Station as flight engineer for Expedition 63/64. Across her two flights, she has spent a total of 300 days in space, the fourth most days in space by a U.S. female astronaut, and performed four spacewalks.

Personal Data:

Born in 1978 in Farmington, Connecticut, and raised in Napa, California, where her father, Jim, still resides. Her mother, Ann Hallisey resides in Davis, California. She enjoys running, cycling, swimming, flying, scuba diving and reading.

Education:

Graduated from Vintage High School in 1996, received a Bachelor of Science degree in Molecular Biology from the University of California, San Diego, in 1999 and a Ph.D. in Cancer Biology in 2005 from Stanford University Medical School Biochemistry Department and Microbiology and Immunology Department.

Experience:

Dr. Rubins conducted her undergraduate research on HIV-1 integration in the Infectious Diseases Laboratory at the Salk Institute for Biological Studies. She analyzed the mechanism of HIV integration, including several studies of HIV-1 Integrase inhibitors and genome-wide analyses of HIV integration patterns into host genomic DNA. She obtained her Ph.D. from Stanford University and, with the U.S. Army Medical Research Institute of Infectious Diseases and the Centers for Disease Control and Prevention, Dr. Rubins and colleagues developed the first model of smallpox infection. She also developed a complete map of the poxvirus transcriptome and studied virus-host interactions using both invitro and animal model systems.

Dr. Rubins then accepted a Fellow/Principal Investigator position at the Whitehead Institute for Biomedical Research (MIT/Cambridge, Massachusetts) and headed a lab of 14 researchers studying viral diseases that primarily affect Central and West Africa. She traveled to the Democratic Republic of Congo to conduct research and supervise study sites. Work in the Rubins Lab focused on poxviruses and host-pathogen interaction as well as viral mechanisms for regulating host cell mRNA transcription, translation and decay. In addition, she conducted research on transcriptome and genome sequencing of filoviruses (Ebola and Marburg) and Arenaviruses (Lassa Fever) and collaborative projects with the U.S.

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Kate Rubins

Army to develop therapies for Ebola and Lassa viruses. Dr. Rubins has published and presented her work in numerous papers at international scientific conferences and in scientific journals.

Rubins was direct commissioned as a Major in the United States Army Reserve. She is currently serving as a health services officer with the 75th Innovation Command, Aberdeen Proving Grounds.

NASA Experience:

Rubins was selected in July 2009 as one of 9 members of the 20th NASA astronaut class. Her training included scientific and technical briefings, intensive instruction in International Space Station systems, spacewalks, robotics, physiological training, T 38 flight training and water and wilderness survival training.

Spaceflight Experience:

Expeditions 48 and 49 (July 2016 through October 2016) On July 7th, 2016, Dr. Rubins launched from the Baikonur Cosmodrome in Kazakhstan to the International Space Station aboard the first test flight of the new Soyuz MS spacecraft. Together the international crew of Expeditions 48 and 49 conducted or participated in more than 275 different scientific experiments including research in molecular and cellular biology, human physiology, fluid and combustion physics, Earth and space science and technology development. Dr. Rubins was the first person to sequence DNA in space, eventually sequencing over 2 billion base pairs of DNA during a series of experiments to analyze sequencing in microgravity. Dr. Rubins also grew heart cells (cardiomyocytes) in cell culture, and performed quantitative, real-time PCR and microbiome experiments in orbit.

Dr. Rubins conducted two spacewalks totaling 12 hours, 46 minutes. During her first spacewalk, Rubins and Jeff Williams installed the first International Docking Adapter, a new docking port for U.S. commercial crew spacecraft. During the second, they performed maintenance of the station external thermal control system and installed high-definition cameras, enabling never-before seen images of the planet and space station. Jeff Williams and Rubins successfully captured SpaceX Dragon commercial resupply spacecraft and then returned science experiment samples to earth. During Expedition 49, Rubins and crewmate Takuya Onishi grappled Orbital ATK's Cygnus resupply spacecraft, providing several tons of supplies and research experiments for future work on the orbital outpost.

Expeditions 63 and 64 (October 2020 through April 2021) On October 14, 2020, Dr. Rubins launched from the Baikonur Cosmodrome in Kazakhstan to the International Space Station aboard the Soyuz spacecraft. Dr. Rubins spent hundreds of hours working on new space station experiments, building on investigations she conducted during her first mission, including heart research and multiple microbiology studies. She also advanced her work in DNA sequencing, which could allow astronauts to diagnose an illness in space or identify microbes growing at the space station. Rubins worked on the Cardinal Heart experiment, which studies how changes in gravity affect cardiovascular cells at the cellular and tissue levels. Results could provide new understanding of heart problems on Earth, help identify new treatments, and support development of screening measure to predict cardiovascular risk prior to spaceflight. She returned safely to Earth on April 17, 2021 spending 185 days in space and conducted two spacewalks.

During Dr. Rubins two spaceflight missions, she has logged in a total of 300 days in space and conducted four spacewalks.

Awards/Honors:

Popular Science's Brilliant Ten (2009), National Science Foundation Predoctoral Fellowship (2000), Stanford Graduate Fellowship - Gabilan Fellow (2000), UCSD Emerging Leader of the Year (1998), Order of Omega Honor Society Scholarship Award (1998).

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Kate Rubins

Organizations:

American Association for the Advancement of Science (AAAS), American Society of Tropical Medicine and Hygiene (ASTMH), American Society for Virology (ASV), RNA Society, Chi Omega, American Institute of Aeronautics and Astronautics (AIAA).

Pronunciation:

KAYT ROO-bens