

### EAP Counselor Contact Information

Center	Counselor	Business Hours Phone	After Hours Phone
AFRC	Dr. Ashley Prueitt	661-276-2034	844-649-8813
ARC	CONCERN Counselor EAP Network 24/7	800-344-4222 650-940-7011	800-344-4222
GRC	Ellen Hartson (HHS/Federal Occupational Health)	216-433-2989 or 800-222-0364	800-222-0364
GSFC	Debra Harding (HHS/Federal Occupational Health)	301-286-4600 or 800-222-0364	800-222-0364
<a href="#">HQ</a>	Wendy Davis (HHS/Federal Occupational Health)	202-358-0130 or 202-493-0087 or 800-222-0364	800-222-0364
<a href="#">JSC</a>	Anika Isaac (WYLE Laboratories)	281-244-0713	844-649-8813
<a href="#">JSC</a>	Jackie Reese (WYLE Laboratories)	281-483-3014	844-649-8813
<a href="#">JSC</a>	Daisy Wei (WYLE Laboratories)	281-244-5851	844-649-8813
<a href="#">KSC</a>	Patricia Jean Bell (Integrated Mission Support Service)	321-861-8647	844-649-8813
<a href="#">KSC</a>	Walter Hersing (Integrated Mission Support Service)	321-867-7398	844-649-8813
<a href="#">LRC</a>	Margaret Loew-Cooney (REACH) Joan Senior-Williamson (REACH)	804-350-2014	800-950-3434
MSFC	Terry Sterry (Aetos)	256-544-7549	844-649-8813
MAF	Porter J. Pryor (SYNCOM Space Services)	228-688-3005 or 504-257-2415 or Cell: 228-342-6462	844-649-8813
SSC	Porter J. Pryor (SYNCOM Space Services)	228-688-3005 or 504-257-2415 or Cell: 228-342-6462	844-649-8813
WFF	Debra Harding (HHS/Federal Occupational Health)	301-286-4600 or 800-222-0364	800-222-0364
WSTF	Jackie Reese (WYLE Laboratories)	281-483-3014 Cell: 832-643-6146	855-469-3242
WSTF	Rebecca Shaw (Epoch)	855-469-3242	855-469-3242

NOTE: If center has an EAP website, the center's name will be a link to the site (please also note that some of the sites might be internal to their center).

## Employee Assistance Program

NASA's Employee Assistance Program (EAP) services are free, confidential, and voluntary. Short-term counseling and additional referral for various issues affecting mental and emotional well-being, such as alcohol and other substance abuse/addictions, stress, grief, financial difficulties, domestic violence, employment issues, and family problems are elements of the EAP. Manager/supervisor consultation and coaching to address problems such as staff productivity and risk management, and attendance issues are also benefits provided by the EAP.

Services are available to employees and their family members, and each NASA Center and associated facility features a professional licensed EAP Clinician.

Clinicians may be contacted in person, by telephone, or e-mail. Contacting EAP by e-mail (or texting) is **not** confidential and it is recommended that e-mail correspondence be limited to requesting an appointment or discussing other non-confidential information and questions.

### **EAP After-Hours (evenings, holidays, weekends, time-zone differences)**

If you (or a family member) are eligible for NASA's EAP and require assistance after-hours or you are on travel/stationed abroad in a time zone not conducive to your home Center's regular business hours, **please call the after-hours toll free number 1-844-649-8813** to speak with a professional licensed Clinician at ProtoCall.

At some NASA Centers (ARC, GRC, GSFC, HQ, LRC), their EAP vendors also provide afterhours toll-free numbers (**see EAP contact list above for afterhours phone numbers**). Employees at these locations are encouraged to use these vendor after-hours phone numbers first before using the toll-free number. Regardless, ProtoCall's toll-free number can always be used by all eligible employees.

### **Additional Employee Assistance Program Resources**

- [Domestic Violence Awareness Project/Safety Alert](#)
- [National Resource Center on Domestic Violence: Domestic Violence - Understanding the Basics](#)
- [Alcohol Screening.Org](#)
- Mayo Clinic: [Depression \(major depression\)](#)
- MedlinePlus' [Stress page](#)
- National Institute of Mental Health: [Coping with Traumatic Events](#)
- American Psychological Association (APA) - [Elder care: More than parenting a parent](#)
- HelpGuide.Org: [Coping with a Breakup or Divorce](#)
- American Psychological Association: [Stress in the workplace](#)
- American Psychological Association: [Overwhelmed by workplace stress? You're not alone](#)