

r/g 4103u

Form 24 for 11/24/2013

PCE transmitter 1 carrying frequency test. Crew day-off

TIME	CREW	ACTIVITY
06:00-06:10	CDR,FE-3, FE-4	Morning Inspection
06:00-06:10	FE-2	Morning Inspection. Laptop RS2(1) reboot RSS1,2 reboot
06:00-06:10	FE-5	HRF - sampling
06:00-06:05	FE-6	Reaction self-test
06:05-06:15	FE-6	Morning Inspection
06:10-06:40	CDR,FE-2, FE-3,FE-4	Post-sleep
06:15-06:45	FE-6	
06:10-06:15	FE-5	HRF – location of samples into MELFI
06:15-06:45	FE-5	Post-sleep
06:40-07:30	FE-2,FE-3, FE-4	Breakfast
06:40-07:30	CDR	Breakfast. [ПСС CM] testing (after breakfast)
06:45-07:45	FE-5	Breakfast
06:45-07:35	FE-6	Breakfast
10:00-11:30	FE-3	ARED physical exercise
10:15-10:30	CDR	Private family conference (<i>Ku+S-band</i>)
10:30-12:00	FE-4	[БД-2 -3] physical exercise
10:55-11:10	FE-2	Private family conference (<i>Ku+S-band</i>)
11:30-13:00	FE-6	ARED physical exercise
11:30-12:30	FE-3	T2 physical exercise
12:00-13:00	FE-5	CEVIS physical exercise
12:00-12:15	FE-4	Private family conference (<i>Ku+S-band</i>)
12:00-13:00	FE-2	[БД-2 -2] physical exercise
13:00-14:00	.	Lunch
14:00-14:40	FE-4	SOZh maintenance. [CBO], [CFO] information d/l, [ACY] counter reading d/l, POTOK time-On in SM and FGB data d/l
14:00-14:15	FE-5	HRF – equipment stow
15:10-15:25	FE-3	Private family conference
15:20-16:50	FE-5	ARED physical exercise
16:00-17:30	CDR	[БД-2 – 3] physical exercise
16:30-17:30	FE-4	[БЕЛО – 3] physical exercise
16:50-17:05	FE-5	Private family conference
17:00-18:30	FE-2	ARED physical exercise
17:20-18:20	FE-6	CEVIS physical exercise
17:30-18:30	CDR	[БЕЛО – 3] physical exercise

18:20-18:35	FE-6	BODYM – equipment prep
18:35-18:50	CDR,FE-2,FE-4	Daily planning conference (<i>S-band</i>)
19:00-19:30	.	Evening work prep
19:30-21:30	CDR,FE-2, FE-3,FE-4, FE-5	Pre-sleep
19:30-20:10	FE-6	Pre-sleep
20:10-20:25	FE-6	Private family conference
20:25-21:20	FE-6	Pre-sleep
21:20-21:25	FE-6	Reaction self-test
21:25-21:30	FE-6	REMINDER - body parameters measurement
21:30-06:00	.	Sleep
Task List	CDR, FE-2, FE-4	URAGAN. Observation and imagery
		SEYNER. World ocean water surface research
		Video imagery for ROSKOSMOS
		ECON-M. Observation and imagery
		Preparation of reports for ROSKOSMOS site
	FE-2	“Penguin-3” suit test wearing with load measurement system

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
 2. Pre-sleep ops: daily food prep, dinner, pre-sleep
 3. See OSTP for references to US activities
 4. **Russian crew uses US exercise equipment strictly per F24 or OSTPV**
- End of radiogram