

CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:10	CDR, FE-3, FE-4, FE-5, FE-6	Morning Inspection
06:00-06:10	FE-2	Morning Inspection. Laptop RS1(2) Reboot RSS1,2 Reboot
06:10-06:40		Post-sleep
06:40-07:30	FE-2, FE-3, FE-4, FE-5, FE-6	BREAKFAST
06:40-07:30	CDR	BREAKFAST. SM ПСС (Caution & Warning Panel) Test (after breakfast)
07:30-09:10	FE-6	Weekly Housekeeping
07:30-10:30	FE-2, FE-4	Weekly Housekeeping Cleaning Auxiliary Computer System (BKC) Laptops
07:30-10:30	FE-3, FE-5	Weekly Housekeeping
07:30-09:30	CDR	Weekly Housekeeping SM Ventilation Subsystem Preventive Maintenance, Group E FGB LJB2 Fan Cleaning Inspection of Air Conditioner Cleaning Auxiliary Computer System (BKC) Laptops
09:10-10:25	FE-6	JAXA 4K Camera Checkout
10:25-11:45	FE-6	Weekly Housekeeping
10:30-10:50	CDR, FE-2, FE-4,	Recording TV Greetings for the Inter Ukrainian TV Channel
10:30-12:00	FE-3	ARED Exercise
12:00-13:00	CDR	Weekly Housekeeping Cleaning SM and FGB Potok-150MK Air Purification System Pre-filters
12:00-13:00	FE-3	CEVIS Exercise
12:10-13:40	FE-6	ARED Exercise
12:10-13:40	FE-4	БД-2 Exercise, Day 2
12:40-13:40	FE-2	VELO Exercise, Day 1
13:00-13:05	FE-3	CGBA - Status Check and Monitor Cleaning
13:40-14:40		LUNCH
14:40-15:20	FE-4	COЖ Maintenance
14:40-14:50	FE-6	Food Frequency Questionnaire
14:40-14:45	FE-3	Food Frequency Questionnaire
16:30-18:00	FE-5	ARED Exercise
17:00-18:00	CDR	БД-2 Exercise, Day 2
18:00-19:00	FE-5	CEVIS Exercise
18:00-19:30	CDR	ARED Exercise
18:00-19:30	FE-2	БД-2 Exercise, Day 1
18:15-19:15	FE-4	VELO Exercise, Day 2

18:30-19:30	FE-6	T2 Exercise
19:25-21:25	FE-5	Pre-sleep
19:30-21:30	CDR, FE-2, FE-3, FE-4, FE-6	Pre-sleep
21:25-21:30	FE-5	Reading REMINDER
21:30-06:00		SLEEP
Task List	CDR, FE-2, FE-4	URAGAN Observations and Photography
		SEINER Ocean Observations
		Video for Roscosmos TV Studio
		ECON-M. Observations and Photography
		Preparation of reports for Roscosmos site
	FE-2	Test Wearing Of Penguin-3M Suit With Load Measuring System (СНН)

Note:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
 2. Pre-sleep ops: daily food prep, dinner, pre-sleep
 3. See OSTP for references to US activities.
 4. **Russian crew uses US exercise equipment strictly per F24 or OSTPV**
- End of Radiogram