

Radiogram No. 3918u Form 24 for 11/06/2013  
**TK 709 DESCENT OBT. LBNP EXERCISE.**

TIME	CREW	ACTIVITY
06:00-06:10	<b>CDR</b>	Morning Inspection. Laptop RS2(1) Reboot
06:00-06:10	<b>FE-1</b>	Morning Inspection. SM ПСС (Caution & Warning Panel) Test
06:00-06:10	<b>FE-2</b>	Morning Inspection. RSS1,2 Reboot
06:00-06:15	FE-3	HRF Saliva Sample Collection
06:00-06:05	FE-5, FE-6	Reaction Self Test
06:05-06:10	FE-5	REMINDER - Crew reminder about the experiment procedure
06:05-06:10	FE-6	Morning Inspection
06:10-06:40	<b>CDR, FE-1, FE-2, FE-5, FE-6</b>	Post-sleep
06:15-06:20	FE-3	HRF - MELFI Sample Insertion
06:20-06:40	FE-3	HRF Urine Sample Collection
06:40-07:30	<b>CDR, FE-1, FE-2, FE-5, FE-6</b>	BREAKFAST
06:40-06:45	FE-3	HRF - MELFI Sample Insertion
06:45-07:00	FE-3	Post-sleep
07:00-07:30	FE-3	BREAKFAST
07:30-07:55		Daily Planning Conference ( <i>S-band</i> )
07:55-08:00	<b>CDR</b>	Voice check in S/G1 from Baikonur ( <i>S-band</i> )
07:55-08:15	<b>FE-1, FE-2, FE-5, FE-6</b>	Work Prep
07:55-10:15	FE-3	BODYM - Experiment Ops
08:00-08:15	<b>CDR</b>	Work Prep
08:15-08:55	<b>CDR, FE-1, FE-2</b>	Hatch Opening Procedure and Script Review. <i>Tagup with specialists (S-band)</i>
08:15-09:10	FE-5	Crew Departure Prep
08:20-10:00	FE-6	BODYM - Experiment Ops (Assistance)
08:55-09:50	<b>CDR, FE-2 assists</b>	LBNP Exercise (PRELIMINARY) / <i>Tagup with specialists (S-band)</i>
09:00-09:10	<b>FE-1</b>	SM Air Sampling for CO using ИПД Samplers
09:10-09:25	<b>FE-1</b>	ИПД Air Sampling for Ammonia in SM
09:10-09:30	FE-5	ESA Weekly Crew Conference
09:25-09:50	<b>FE-1</b>	Collecting SM and FGB Air Samples Using AK-1M Sampler
09:30-09:55	FE-5	Biological Rhythms 48 Hrs (BLR48) - Data Saving
09:50-10:10	<b>CDR</b>	Crew Departure Prep
09:50-10:10	<b>FE-1</b>	Elektron-VM Liquid Unit Pressurization before Activation

09:50-11:05	<b>FE-2</b>	CALCIUM. Photography and Transfer of Bioecologiya Cases to TK. <i>Tagup with specialists as necessary (S-band)</i>
09:55-10:15	FE-5	BLR48 - Data Saving
10:10-10:50	<b>FE-1</b>	COЖ Maintenance
10:15-13:15	<b>CDR, FE-5, FE-6</b>	TK 709 Descent OBT. <i>Tagup with specialists (S-band)</i>
10:25-10:30	FE-3	Set up video equipment to record ARED exercise
10:30-11:55	FE-3	ARED Exercise
10:50-11:20	<b>FE-1</b>	Vacuum cleaning of КВД and КСД valve screens before EVA
11:20-11:30	<b>FE-2</b>	OBSTANOVKA. Download of Obstanovka P/L Data from БСПН to RSS1 (start)
11:45-13:15	<b>FE-1</b>	БД-2 Exercise, Day2
11:55-12:00	<b>FE-2</b>	Photo/TV Camcorder Setup Verification
11:55-12:55	FE-3	T2 Exercise2
12:00-13:15	<b>FE-2</b>	ARED Exercise
12:55-13:40	FE-3	WRS Sample Collection
13:15-14:15	<b>CDR, FE-1, FE-2, FE-5, FE-6</b>	LUNCH
13:40-14:40	FE-3	LUNCH
14:15-14:35	<b>CDR</b>	Setup of GoPro HERO3 Video Camera Verification
14:15-15:45	<b>FE-1, FE-2</b>	Review EVA Translation Paths and Work Zones through ISS Windows. <i>Tagup with specialists (S-band)</i>
14:15-15:40	FE-5	Potable Water Collection in SM for In-Flight Chemical and Microbial Analysis
14:15-15:15	FE-6	Crew Departure Prep
14:40-14:50	FE-3	TOCA Potable Water Dispenser (PWD) Sample Analysis
14:50-15:10	FE-3	HRF Urine Sample Collection
15:10-15:15	FE-3	HRF - MELFI Sample Insertion
15:15-15:30	FE-6	Print out crew welcome message
15:40-16:00	FE-5, FE-6	IMS Conference
15:45-17:15	<b>CDR</b>	БД-2 Exercise, Day4
15:45-15:55	<b>FE-2</b>	OBSTANOVKA. Download of Obstanovka P/L Data from БСПН to RSS1 (end)
15:45-16:00	<b>FE-1</b>	ИП-1 Flow Sensor Position Check
16:05-16:10	FE-5	Photo/TV Camcorder Setup Verification
16:05-16:20	FE-6	Private Medical Conference
16:10-17:35	FE-5	ARED Exercise
16:20-16:35	FE-6	Evening Work Prep
16:35-16:55	FE-3	HRF Urine Sample Collection
16:35-17:35	FE-6	T2 Exercise2
16:45-17:05	<b>FE-2</b>	IMS Update

16:55-17:00	FE-3	HRF - MELFI Sample Insertion
17:00-17:15	FE-3	Private Medical Conference
17:05-18:15	<b>FE-2</b>	БД-2 Exercise, Day1
17:15-18:15	<b>FE-1</b>	VELO Exercise, Day2
17:15-17:35	<b>CDR</b>	MO-21 Prep. Ecosphere Battery Charge
17:15-17:45	FE-3	Evening Work Prep
17:35-18:35	FE-5	T2 Exercise2
17:35-19:05	FE-6	ARED Exercise
17:35-18:15	<b>CDR</b>	Crew Departure Prep
17:45-18:25	FE-3	WMK In-Flight Water Processing
18:15-19:05	<b>CDR, FE-1, FE-2</b>	Evening Work Prep
18:25-18:45	FE-3	HRF Urine Sample Collection
18:35-19:05	FE-5	Evening Work Prep
18:45-18:50	FE-3	HRF - MELFI Sample Insertion
18:50-18:55	FE-3	TOCA Data Recording
18:55-19:05	FE-3	ISS- HAM-radio Deactivation
19:05-19:30		Daily Planning Conference ( <i>S-band</i> )
19:30-21:30	<b>CDR, FE-1, FE-2</b>	Pre-sleep
19:30-21:25	FE-5, FE-6	Pre-sleep
19:30-21:15	FE-3	Pre-sleep
21:15-21:25	FE-3	USOS Window Shutter Close
21:25-21:30	FE-3	Reading REMINDER
21:25-21:30	FE-5, FE-6	Reaction Self Test
21:30-06:00		SLEEP
<b>Task List</b>	<b>CDR, FE-1, FE-2</b>	ECON-M. Observations and Photography
		URAGAN. Observations and Photography

**Note:**

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
2. Pre-sleep ops: daily food prep, dinner, pre-sleep
3. See OSTP for references to US activities.

**4. Russian crew uses US exercise equipment strictly per F24 or OSTPV**

End of Radiogram