

Radiogram No. 3628u

Form 24 for 10/05/2013

CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection Laptop RS2(1) Reboot
06:00-06:10	FE-1	Morning Inspection
06:00-06:10	FE-2	Morning Inspection. RSS1 Reboot
06:00-06:15	FE-3	HRF-SALIVA. Sample Processing
06:00-06:05	FE-5	Morning Inspection
06:00-06:15	FE-6	PRO K Urine PH Test
06:05-06:10	FE-5	ENERGY-D4 Experiment Reminder
06:10-06:40	CDR, FE-1, FE-2	Post-sleep
06:10-06:35	FE-5	Post-sleep
06:15-06:40	FE-6	Post-sleep
06:15-06:20	FE-3	HRF-MELFI - Sample Insertion into MELFI
06:20-06:25	FE-3	Urine Spot Test
06:25-06:35	FE-3	Morning Inspection
06:35-06:55	FE-3	Post-sleep.
06:35-07:25	FE-5	BREAKFAST
06:40-07:30	CDR, FE-2, FE-6	BREAKFAST
06:40-07:30	FE-1	BREAKFAST. SM ПСС (Caution & Warning Panel) Test (after breakfast)
06:55-07:40	FE-3	BREAKFAST
07:25-07:30	FE-5	ENERGY Diet Log of Breakfast
07:30-10:30	CDR	Weekly Cleaning SM Ventilation Subsystem Preventive Maintenance, Group E FGB ЦБ2 Fan Cleaning Inspection of Air Conditioner Cleaning Auxiliary Computer System (BKC) Laptops
07:30-10:30	FE-2	Weekly Cleaning Cleaning Auxiliary Computer System (BKC) Laptops
07:30-10:30	FE-1	Weekly Cleaning БМП (Micropurification Unit) Fan Grille Cleaning Cleaning Auxiliary Computer System (BKC) Laptops
07:30-10:30	FE-5, FE-6	Weekly Housekeeping
07:40-10:40	FE-3	Weekly Housekeeping
10:30-10:35	FE-6	CGBA - Status Check and Monitor Cleaning
10:30-10:45	CDR, FE-1, FE-2	Weekly Planning Conference (<i>S-band</i>)
10:40-12:10	FE-3	ARED Exercise
10:45-10:55	FE-2	CASKAD. Manual Mixing in Bioreactor
10:55-12:25	FE-2	БД-2 Exercise, Day 4
11:10-12:10	FE-6	Physical Exercise T 2

11:25-11:45	FE-5	HAM Radio Session
12:10-13:40	FE-6	ARED Exercise
12:10-13:10	FE-3	CEVIS Exercise
12:15-13:15	CDR	БД-2 Exercise, Day 3
13:10-13:25	FE-3	PROK - diet data collection
13:15-13:20	FE-5	ENERGY - Water Sample Collection
13:15-13:30	CDR, FE-1, FE-2	Phone conference with the editor of "Russian Space" magazine (<i>S-band</i>)
13:20-13:40	FE-5	ENERGY - Urine Sample Collection
13:30-14:30	CDR, FE-1, FE-2	LUNCH
13:30-14:30	FE-3	LUNCH
13:40-14:40	FE-5, FE-6	
14:30-15:10	CDR	COЖ Maintenance
14:35-14:50	FE-2	Private Family Conference (<i>Ku + S-band</i>)
14:40-14:45	FE-6	PROK Diet Logging (Day 2-4)
14:40-14:45	FE-5	ENERGY Diet Log of Lunch
14:45-14:55	FE-6	Food Frequency Questionnaire
15:30-16:30	FE-2	ARED Exercise
16:30-16:45	FE-2	Private family conference (<i>Ku+S-band</i>)
16:30-18:00	FE-5	ARED Exercise
17:00-18:00	FE-1	VELO Exercise, Day 1
18:00-19:00	FE-5	T2 Exercise
18:00-19:30	CDR	ARED Exercise
18:00-19:30	FE-1	БД-2 Exercise, Day 1
19:00-19:20	FE-3	HRF - Urine Sample Insertion
19:20-19:30	FE-2	CASKAD. Manual Mixing in Bioreactor
19:20-21:20	FE-3	Pre-sleep
19:30-21:30	CDR, FE-1, FE-2, FE-6	Pre-sleep
21:20-21:25	FE-3	Reading REMINDER
21:20-21:25	FE-5	ENERGY Diet Log of Dinner
21:25-21:30	FE-3	Reading REMINDER
21:25-21:30	FE-5	Pre-sleep
21:30-06:00		SLEEP
Task List	CDR, FE-1, FE-2	URAGAN Observations and Photography
		Preparation of reports for Roskosmos site
		SEINER Ocean Observations
		Video Footage for Roscosmos Press Service
		ECON-M. Observations and Photography
	CDR	Equipment prepack for return on Sygnus

		CKK Cassette Photography
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Notes:

1. SM Window No. 9 shutter opening is at crew discretion w/ **Report to MCC**
2. Pre-sleep ops: daily food prep, dinner, pre-sleep
3. **Russian crew uses US exercise equipment strictly per F24 or OSTPV**
4. See OSTP for missing references to US activities.

End of Radiogram