

TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection
06:00-06:10	FE-1	Morning Inspection. RSS1,2 RebootSM ПСС (Caution & Warning Panel) Test
06:00-06:10	FE-2	Morning Inspection. Laptop RS1(2) Reboot MHP-HC CM-Y connector inspection behind pan. 139 ACY
06:10-06:20	FE-1,FE-2	Calf volume measurement
06:10-06:40	CDR	Post-sleep
06:20-06:45	FE-2	Post-sleep
06:20-06:40	FE-1	Post-sleep
06:40-07:20	FE-1	Breakfast
06:40-07:30	CDR	Breakfast
06:45-07:00	FE-2	Breakfast
07:00-07:10	FE-2	SEISMOPROGNOZ. Data copying from МКСД HDD to external media (start). <i>Specialist Tagup</i>
07:10-07:35	FE-2	Breakfast
07:20-07:35	FE-1	On MCC Go Ф1 БМП cartridge regeneration (start)
07:30-07:35	CDR	Work Prep
07:35-07:50		DPC (S-band)
07:50-08:00	CDR,FE-1	Work Prep
07:50-08:10	FE-2	Work Prep
08:00-08:20	CDR	Acoustic Dosimeter Preparation
08:00-08:10	FE-1	S/G1 Voice Loop Comm. Check with ИКК Baikonur (S-band)
08:10-12:10	FE-1	SM ISS МБРЛ "PCE Z0000" removal. <i>Specialist Tag up as needed</i>
08:10-08:40	FE-2	Antivirus Database update on Auxiliary Computer Systems (BKC) laptops
08:20-08:25	CDR	G1-camcorder installation
08:25-08:40	CDR	JEM Airlock folding table extension
08:40-09:40	CDR	CLPA installation in JEM
08:50-09:40	FE-2	ПФ1, ПФ2 dust collector filters R&R and B1, B2 fan screens cleaning in DC1 (ФГБ1ПГО_4_419_1, Area 28Б Container. Dismantled - for removal. Mark in IMS)
09:40-09:55	CDR	JEM Airlock table folding
09:40-10:40	FE-2	Fan B3 screen cleaning in DC1
09:55-10:10	CDR	JEM Airlock - pressure release
10:10-10:15	CDR	G1-camcorder close-out ops
10:15-10:25	CDR	Humidity absorber retrieval from MERLIN. Kit replacement
10:30-11:00	CDR	EPM - rack cleaning
10:40-11:40	FE-2	OF GAGARIN FROM SPACE. KENWOOD radio station settings restore. <i>Specialist tag up</i>
11:00-13:00	CDR	EPM – reconfiguration.
12:10-12:30	FE-1	On MCC Go Re-mate cables to KCK2 from PCE (МБРЛ) to БКИПН. <i>Specialist tag up</i>

12:30-13:00	FE-1	Restoring SM interior into initial configuration after dismantling PCE (МБРЛ) equipment
12:40-13:00	FE-2	MATRYOSHKA-R. Monitoring Liulin-5 equipment readings
13:00-14:00	.	Lunch
14:00-14:10	CDR	JEM Airlock – leak check
14:00-14:40	FE-1	TV Comm. (TBC) test with multicast mpeg2 flow transmission using ESA MPEG2 ENCODER prior to Soyuz #713 docking. <i>Specialist Tag up</i>
14:00-14:20	FE-2	SM Rodnik system tank valves (KB, KH and КД) scheduled maintenance
14:10-14:15	CDR	VEG-daily visual inspection of plants
14:15-14:25	CDR	MELFI2 - placing ice cubes into MELFI 2
14:20-15:00	FE-2	Filling (separation) of ЕДВ (КОВ) for “Elektron” system / ЕДВ (КОВ)cover #1013 separate in ЕДВ (КОВ)cover #10 item 36
14:30-14:40	CDR	JEM airlock relieve completion confirmation
14:40-15:10	CDR	VIABLE-visual inspection of kits
14:40-15:00	FE-1	IMS update
15:00-15:40	FE-2	COЖ Maintenance
15:10-15:40	CDR	VIABLE – Payload photographing inside ISS
15:40-17:10	CDR	Physical Exercise - ARED
15:40-16:15	FE-2	Evening Work Prep
16:15-17:15	FE-2	Physical Exercise - VELO – Day 3
16:15-17:15	FE-1	Physical Exercise - БД-2 – Day 4
17:10-18:10	CDR	Physical Exercise - T2
17:15-18:30	FE-2	Physical Exercise - БД-2 – Day 3
17:15-18:45	FE-1	Physical Exercise - ARED
18:30-18:45	FE-2	Physical exercise data downlink
18:45-19:15	FE-2	SEISMOPROGNOZ. Data copying from МКСД HDD to external media (end) and back-up start. <i>Specialist Tag up</i>
18:45-19:15	CDR,FE-1	Evening Work Prep
19:15-19:30		DPC (S-band)
19:30-19:45	FE-1	On MCC Go БМП Ф1 absorption cartridge regeneration (finish)
19:30-20:05	CDR	Pre-sleep
19:30-21:00	FE-2	Pre-sleep
19:45-21:30	FE-1	Pre-sleep
20:05-20:20	CDR	PFC
20:20-21:30	CDR	Pre-sleep
21:00-21:30	FE-2	SEISMOPROGNOZ. Archiving completion. <i>Specialist Tag up</i>
21:30-06:00		SLEEP
Task List	FE-1,FE-2	EKON-M. Observation and photography
		Preparation of reports for Roscosmos site

Notes:

1. SM Window No. 9 shutter opening is at crew discretion w/ Report to MCC / r/g 6057
2. Pre-sleep ops: daily food prep, dinner, pre-sleep
3. See OSTPV for references to US activities.
4. Russian crew uses US exercise equipment strictly per F24 or OSTPV.

End of radiogram