<table>
<thead>
<tr>
<th>TIME</th>
<th>CREW</th>
<th>ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>04:30-04:40</td>
<td>CDR</td>
<td>Morning Inspection</td>
</tr>
<tr>
<td>04:40-05:00</td>
<td>CDR</td>
<td>Post-sleep</td>
</tr>
<tr>
<td>05:00-05:50</td>
<td>CDR</td>
<td>BREAKFAST</td>
</tr>
<tr>
<td>05:50-06:05</td>
<td>CDR</td>
<td>Daily Planning Conference <em>(S-band)</em></td>
</tr>
<tr>
<td>06:05-06:25</td>
<td>CDR</td>
<td>Dragon – vestibule preparation for undock</td>
</tr>
<tr>
<td>06:00-06:10</td>
<td>FE-1</td>
<td>Morning Inspection. RSS1, RSS2 reboot</td>
</tr>
<tr>
<td>06:00-06:10</td>
<td>FE-2</td>
<td>Morning Inspection. Laptop RS2(1) reboot</td>
</tr>
<tr>
<td>06:10-06:40</td>
<td>FE-1,FE-2</td>
<td>Post-sleep</td>
</tr>
<tr>
<td>06:40-07:30</td>
<td>FE-2</td>
<td>BREAKFAST. Testing ΠΠС CM (after breakfast)/ Manual Controls</td>
</tr>
<tr>
<td>06:40-07:30</td>
<td>FE-1</td>
<td>Weekly housekeeping</td>
</tr>
<tr>
<td>07:30-10:30</td>
<td>FE-1</td>
<td>SM ventilation system (Group E) maintenance</td>
</tr>
<tr>
<td>07:30-10:30</td>
<td>FE-2</td>
<td>Cleaning FGB [L]B2 fan</td>
</tr>
<tr>
<td>07:30-10:30</td>
<td>FE-2</td>
<td>Clean [МП] fan grille</td>
</tr>
<tr>
<td>08:25-10:55</td>
<td>CDR</td>
<td>Dragon/Node 2 – depress vestibule</td>
</tr>
<tr>
<td>10:30-10:45</td>
<td>FE-1</td>
<td>Private family conference <em>(Ku+S-band)</em></td>
</tr>
<tr>
<td>10:55-11:40</td>
<td>CDR</td>
<td>Node 2 – undock from CBM</td>
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<tr>
<td>11:40-12:00</td>
<td>CDR</td>
<td>CCP panel – routing and cable check</td>
</tr>
<tr>
<td>12:00-12:15</td>
<td>FE-2</td>
<td>Private family conference <em>(Ku+S-band)</em></td>
</tr>
<tr>
<td>12:00-12:15</td>
<td>CDR</td>
<td>Activate video equipment for monitoring additional SSC laptop in support of EVA.</td>
</tr>
<tr>
<td>12:15-13:15</td>
<td>FE-1,FE-2</td>
<td>Midday meal</td>
</tr>
<tr>
<td>12:50-13:10</td>
<td>CDR</td>
<td>RWS - configuration</td>
</tr>
<tr>
<td>13:10-13:15</td>
<td>CDR</td>
<td>SSRMS – preparation for Dragon release</td>
</tr>
<tr>
<td>13:15-13:55</td>
<td>CDR,FE-1</td>
<td>Monitoring Dragon release and separation by SSRMS</td>
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<tr>
<td>13:55-14:55</td>
<td>CDR</td>
<td>Midday meal</td>
</tr>
<tr>
<td>14:30-15:10</td>
<td>FE-1,FE-2</td>
<td>Video for Roskosmos</td>
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<tr>
<td>14:55-15:05</td>
<td>CDR</td>
<td>CCP panel – cable routing</td>
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<tr>
<td>15:05-15:20</td>
<td>CDR</td>
<td>CUCU - deactivation</td>
</tr>
<tr>
<td>15:20-15:30</td>
<td>CDR</td>
<td>RWS switch off</td>
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<tr>
<td>15:30-15:35</td>
<td>CDR</td>
<td>VEG – plants daily check</td>
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<tr>
<td>15:35-15:50</td>
<td>CDR</td>
<td>VEG – plants watering</td>
</tr>
<tr>
<td>Time</td>
<td>Activity</td>
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<tr>
<td>15:45-17:15</td>
<td>FE-1 БД-2 – 3 exercise</td>
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<tr>
<td>15:45-17:15</td>
<td>FE-2 ARED exercise</td>
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<tr>
<td>16:10-17:10</td>
<td>CDR T2 exercise</td>
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<tr>
<td>17:10-18:40</td>
<td>CDR ARED exercise</td>
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<tr>
<td>17:15-18:15</td>
<td>FE-2 БД-2 - 2 exercise</td>
<td></td>
</tr>
<tr>
<td>17:15-18:15</td>
<td>FE-1 ВЕЛО - 3 exercise</td>
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<tr>
<td>18:15-18:45</td>
<td>FE-1, FE-2 Evening work prep</td>
<td></td>
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<tr>
<td>18:40-18:45</td>
<td>CDR ISERV – window shutter opening</td>
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<tr>
<td>18:45-19:00</td>
<td>Daily planning conference (S-band)</td>
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<tr>
<td>19:00-21:00</td>
<td>CDR Pre-sleep</td>
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<tr>
<td>19:05-20:00</td>
<td>FE-1, FE-2 Pre-sleep</td>
<td></td>
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<tr>
<td>20:00-20:25</td>
<td>FE-1, FE-2 Video for Roskosmos</td>
<td></td>
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<tr>
<td>20:25-21:30</td>
<td>FE-1, FE-2 Pre-sleep</td>
<td></td>
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<tr>
<td>21:00-06:00</td>
<td>CDR Sleep</td>
<td></td>
</tr>
<tr>
<td>21:30-06:00</td>
<td>FE-1, FE-2 Sleep</td>
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</tbody>
</table>

**Task List**

<table>
<thead>
<tr>
<th>Activity</th>
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</thead>
<tbody>
<tr>
<td>FE-1, FE-2 ECON-M. Observation and imagery</td>
</tr>
<tr>
<td>FE-1, FE-2 Test practice of [СПО МИС] on-board the ISS RS</td>
</tr>
<tr>
<td>FE-1, FE-2 Preparation of reports for Roskosmos site</td>
</tr>
<tr>
<td>FE-1 SEYNER. Water ocean area research</td>
</tr>
</tbody>
</table>

**Notes:**
1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
2. Pre-sleep ops: daily food prep, dinner, pre-sleep
3. See OSTP for references to US activities
4. Russian crew uses US exercise equipment strictly per F24 or OSTPV
5. Physical exercise prohibited at 10:55 - 12:50; 13:15-14:25
6. T2 exercise prohibited at 12:50 - 13:15