



RESEARCH IN SPACE

Research is the reason the International Space Station was built. The research done aboard the station makes a big impact for us here on Earth. There are a lot of scientific questions that can only be answered in space. Human research covers everything from exercise to sleeping – even eating.

Did you know that astronauts recently grew and ate their own lettuce in space? Now we know that food grown in space is almost the same as food grown on Earth. This and similar research also helps NASA figure out how to keep astronauts safe on their Journey to Mars.



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