

Radiogram 1145u Form 24 for 12.31.2012

**Working on MRM1 Interior Panels**

<b>GMT</b>	<b>Crew</b>	<b>Activity</b>
06:00-06:30	CDR	Blood draw - subject
06:00-06:10	<b>FE-1</b>	Morning Inspection. SM ПСС (Caution & Warning Panel) Test
06:00-06:10	<b>FE-2</b>	Morning Inspection. Reboot Laptop RS2(1) Inspect CM-Y connector on MHP-HC behind panel 139 in ACY
06:00-06:10	<b>FE-4</b>	Morning Inspection Reboot RSS1, RSS2, БПИ Temperature Check
06:00-06:10	FE-5,FE-6	Morning Inspection.
06:10-06:40	<b>FE-1,FE-2, FE-4,FE-5</b>	Post-sleep
06:10-06:25	FE-6	Blood draw - assist
06:25-06:55	FE-6	Post-sleep
06:30-06:40	CDR	Morning Inspection.
06:40-06:50	CDR	Thermostat centrifuge config for blood sample placement
06:40-07:30	<b>FE-1,FE-2, FE-4,FE-5</b>	BREAKFAST
06:50-07:20	CDR	Post-sleep
06:55-07:40	FE-6	BREAKFAST
07:20-07:25	CDR	Removal of vials with blood samples and deactivation of centrifuge
07:25-07:35	CDR	Blood sample placement in MELFI
07:30-07:40	<b>FE-1,FE-2, FE-4,FE-5</b>	Work prep
07:40-08:05	.	Daily Planning Conference ( <i>S-band</i> )
08:05-08:45	CDR	BREAKFAST
08:05-08:15	<b>FE-1,FE-4</b>	Work prep
08:05-10:00	<b>FE-2</b>	Replacement of elastic belts on MRM1 interior panels
08:05-08:10	FE-5	Video equipment setup for PFE recording
08:05-08:25	FE-6	Work prep
08:10-09:40	FE-5	Periodic Fitness Evaluation – nominal ops (subject)
08:15-10:15	<b>FE-1</b>	Check functionality of soft tank 17K 10804A5-0 #8
08:30-10:00	<b>FE-4</b>	Cleaning grid BT-7 on ГЖТ4
08:30-09:10	FE-6	USND2- HW check and camera installation on rack
08:45-09:15	CDR	Periodic Fitness Evaluation – nominal ops (assist)
09:10-09:40	FE-6	Prep for cardio-vascular system scan
09:15-09:35	CDR	Work prep
09:35-09:50	CDR	HRF – stow blood collection and processing equipment
09:40-09:45	FE-5	Stow video equipment for PFE recording
09:40-10:40	FE-6	ICV – ECHO installation
09:45-10:35	FE-5	ICV – ECHO scan assist
10:00-10:30	<b>FE-2</b>	SEYNER. Ocean research

10:00-10:30	<b>FE-4</b>	SEYNER. Video recording of experiment ops
10:15-11:30	<b>FE-1</b>	Physical Exercise (ARED)
10:30-11:30	CDR	Physical Exercise T2
10:30-10:40	<b>FE-2</b>	Video equipment setup for recording PW on TVIS
10:30-11:30	<b>FE-4</b>	Physical Exercise (VELO) – Day 3
10:35-10:45	FE-5	MSG- visual inspection
10:40-12:10	<b>FE-2</b>	Physical Exercise (TVIS) - Day 3
10:40-10:50	FE-6	Ultrasound 2 – data transfer
10:50-11:35	FE-6	VI – imagery scan
11:15-12:20	FE-5	INSP3- prep ops and activation
11:30-13:00	CDR	Physical Exercise (ARED)
11:30-11:50	<b>FE-4</b>	IMS ops
11:35-11:50	FE-6	USND2- power off, teardown and stow
11:40-12:20	<b>FE-1</b>	VIZIR. Experiment ops
11:50-12:50	FE-6	Crew time for adaptation and familiarization with ISS
11:50-13:00	<b>FE-4</b>	Symbolic activity
12:20-13:00	<b>FE-2,FE-1</b>	
12:55-13:55	FE-6,FE-5	LUNCH
13:00-14:00	<b>CDR,FE-1, FE-2,FE-4</b>	LUNCH
14:00-15:00	<b>FE-1,FE-4</b>	Handover
14:00-16:05	<b>FE-2</b>	Replacement of elastic belts on MRM1 interior panels
14:00-14:30	FE-5	INSP3- closeout ops
14:00-14:05	FE-6	Makita battery charge
14:10-14:25	CDR	CFE – action sequence check
14:25-16:15	CDR	CFE - setup
14:30-15:35	FE-5	INSP3- prep and activation
14:30-14:45	FE-6	INSP3- photography
14:45-16:05	FE-6	Hygiene compartment – urine receptacle and insert R&R
15:00-15:20	<b>FE-1</b>	Tightening screw QDs on Progress #417
15:00-16:00	<b>FE-4</b>	Crew time for adaptation and familiarization with ISS
15:30-15:35	<b>FE-1</b>	Check video equipment setup for recording PW on TVIS
15:35-16:50	<b>FE-1</b>	Physical Exercise (TVIS) - Day 4
15:35-17:05	FE-5	Physical Exercise (ARED)
16:05-16:45	<b>FE-2, FE-4 handover</b>	TO COX
16:10-16:15	FE-6	Makita battery charge
16:15-18:35	CDR	CFE - VG2 test
16:20-17:20	FE-6	Physical Exercise T2
16:50-17:15	<b>FE-1</b>	CMO skills refresh
16:50-17:50	<b>FE-2</b>	Physical Exercise (VELO) – Day 3

16:50-18:20	<b>FE-4</b>	Physical Exercise (TVIS) - Day 3
17:05-17:30	FE-5	Crew time for adaptation and familiarization with ISS
17:15-17:45	<b>FE-1</b>	Antivirus program update on BKC laptops
17:20-18:50	FE-6	Physical Exercise (ARED)
17:30-18:00	FE-5	INSP3- closeout ops
17:50-18:30	<b>FE-1</b>	URAGAN. Observation and photography
18:00-18:35	FE-5	Crew time for adaptation and familiarization with ISS
18:20-18:30	<b>FE-4</b>	Stow video equipment used for recording PE on TVIS
18:25-19:05	<b>FE-2</b>	Evening Work Prep
18:30-19:05	<b>FE-1,FE-4</b>	Evening Work Prep
18:35-19:05	CDR	CFE - teardown
18:35-18:45	FE-5	MSG – power off
18:45-19:05	FE-5	Evening Work Prep
18:50-19:05	FE-6	Evening Work Prep
19:05-19:30		Daily Planning Conference ( <i>S-band</i> )
19:30-19:35	CDR	P/TV Playback Start
19:30-21:30	<b>FE-1,FE-2, FE-4,FE-5, FE-6</b>	Pre-sleep
19:35-21:25	CDR	Pre-sleep
21:25-21:30	CDR	P/TV Playback Stop
21:30-06:00		SLEEP
<b>Task List</b>	<b>FE-1,FE-2, FE-4</b>	Report prep for Roskosmos site
		ECON-M. Observation and photography
		URAGAN. Observation and photography

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities.
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. **Russian crew members: use of USOS exercise equipment strictly per F24 or OSTPV**

End of Radiogram