

Radiogram 1126u

Form 24 for 12.29.2012

Crew Off-duty

GMT	Crew	Activity
06:00-06:20	CDR	Urine sample collection
06:00-06:10	FE-1	Morning Inspection. Reboot Laptop RS2(1)
06:00-06:10	FE-2	Morning Inspection Reboot RSS1, RSS2, БПИ Temperature Check
06:00-06:10	FE-4, FE-5,FE-6	Morning Inspection
06:10-06:40	FE-1,FE-2, FE-4, FE-5,FE-6	Post-sleep
06:20-06:30	CDR	HRF- urine sample placement in MELFI
06:30-06:50	CDR	Post-sleep
06:40-07:30	FE-4	BREAKFAST. SM ПСС (C&W Panel) Test (after breakfast)
06:40-07:30	FE-1,FE-2, FE-5,FE-6	BREAKFAST
06:50-07:30	CDR	BREAKFAST
07:30-09:00	FE-1	Weekly housekeeping
07:30-09:05	FE-2	SM fans (group E) preventive maintenance FGB fan ЦБ2 cleaning
07:30-09:15	FE-4	CKB inspection BKC laptop inspection and cleaning
07:30-10:30	FE-5	Weekly housekeeping
07:30-10:25	CDR	Weekly housekeeping
07:30-07:40	FE-6	CRHYT- teardown
07:40-10:40	FE-6	Weekly housekeeping
09:00-09:15	FE-1	Private Physiological Conference (<i>VHF</i>)
09:05-09:15	FE-2	Equipment prep for PAO
09:15-09:25	FE-1,FE-2, FE-4	Crew prep for PAO
09:25-09:45	FE-1,FE-2, FE-4	PAO with RSC-Energia management, IBMP, GSC. New Year greetings (<i>Ku+S-band</i>)
09:45-11:15	FE-1	Weekly housekeeping SM fans (group E) preventive maintenance FGB fan ЦБ2 cleaning CKB inspection BKC laptop inspection and cleaning
09:45-10:00	FE-2	Private Family Conference (<i>Ku+S-band</i>)
09:45-11:15	FE-4	Physical Exercise TVIS – Day 1
10:25-11:55	CDR	Physical Exercise ARED
10:30-10:35	FE-5	CGBA status check and maintenance
11:15-11:35	FE-1,FE-2, FE-4	PAO with RSC-Energia management, IBMP, GSC. New Year greetings (<i>Ku+S-band</i>)
11:55-12:55	CDR	Physical Exercise T2
11:55-13:10	FE-1	Physical Exercise ARED
12:05-12:20	FE-4	Private Physiological Conference (<i>VHF</i>)

12:10-13:10	FE-2	Physical Exercise VELO – Day 1
13:10-13:40	.	Weekly Planning Conference (<i>S-band</i>)
13:40-14:40	.	LUNCH
14:40-15:20	FE-1	COЖ maintenance
14:40-16:05	FE-2	Weekly housekeeping
14:40-15:55	FE-4 <i>handover</i>	YOB POTOK-150 MK inlet filter cleaning
14:40-14:50	CDR	Food questionnaire
14:55-15:15	CDR	Urine sample collection
15:15-15:20	CDR	HRF- urine sample placement in MELFI
15:20-15:35	CDR	JRNL- journal entry
15:30-16:30	FE-5	Physical Exercise CEVIS
16:00-17:30	CDR	LEGOBRICK – experiment ops with Lego
16:15-17:15	FE-4	Physical Exercise VELO – Day 1
16:30-18:00	FE-5	Physical Exercise AREC
17:00-18:30	FE-2	Physical Exercise TVIS - Day 1
17:00-18:00	FE-6	Physical Exercise CEVIS
18:00-19:15	FE-1	Physical Exercise TVIS – Day 2
18:00-19:30	FE-6	Physical Exercise AREC
19:05-19:25	CDR	Urine sample collection
19:25-19:30	CDR	Urine sample placement in MELFI
19:30-21:30	CDR, FE-1,FE-2, FE-4,FE-5	Pre-sleep
19:30-21:25	FE-6	Pre-sleep
21:25-21:30	FE-6	REMINDER-ICV ECHO-1
21:30-06:00	.	SLEEP
Task List	FE-1,FE-2, FE-4	Reports prep for Roskosmos site
	FE-1,FE-2	ECON-M. Observations and Photography
		SEYNER. Ocean research
		URAGAN Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ Report to MCC
2. See OSTP for references to US activities.
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. **Russian crew uses US exercise equipment strictly per F24 or OSTPV**