

Radiogram No. 0839u

Form 24 for 11/22/2012

CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:05	CDR	Reaction Self Test
06:00-06:10	FE-1	Morning Inspection. Reboot Laptop RS2(1)
06:00-06:10	FE-2	Morning Inspection. RSS1, RSS2 Reboot
06:05-06:10	CDR	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR, FE-2	BREAKFAST
06:40-07:30	FE-1	BREAKFAST. SM ПСС (Caution & Warning Panel) Test (after breakfast)
07:30-07:50	CDR	Work Prep
07:30-07:50	FE-1, FE-2	Work Prep
09:15-10:15	CDR	Physical Exercise (CEVIS)
09:30-11:00	FE-2	CONSTANTA. Setup, Photo/Video, Session 6. <i>Tagup with specialists (S-band)</i>
10:00-10:20	FE-1	24-hour BP Monitoring (terminate)
10:15-11:45	CDR	Physical Exercise (ARED)
10:50-11:00	FE-1	PAO Hardware Setup
11:00-11:10	FE-1, FE-2	Crew Prep for PAO
11:10-11:25	FE-1, FE-2	ISS-MCC-M TV TV Coverage (<i>Ku + S-band</i>)
11:30-13:00	FE-1	Physical Exercise (TVIS), Day 1
11:45-13:00	FE-2	Physical Exercise (ARED)
13:00-14:00		LUNCH
14:00-14:40	FE-1	COX Maintenance
14:00-14:10	CDR	CWC Audit
14:10-14:20	CDR	Food Frequency Questionnaire
14:20-15:15	CDR	Bacteria Filter Cleaning
15:45-15:50	CDR	P/L Playback Start
15:55-16:55	FE-1	Physical Exercise (VELO), Day 1
16:55-18:10	FE-2	Physical Exercise (TVIS), Day 4
18:05-18:10	CDR	Payload Playback Stop
18:10-18:25	CDR	Questionnaire Data Entry
18:25-19:10	CDR	Evening Work Prep
18:25-19:15	FE-1, FE-2	Evening Work Prep
19:15-19:30		Daily Planning Conference (<i>S-band</i>)
19:30-19:35	CDR	P/TV Playback Start
19:30-21:30	FE-1, FE-2	Pre-sleep
19:35-19:50	CDR	Private Family Conference (<i>Ku + S-band</i>)
19:50-21:20	CDR	Pre-sleep

21:20-21:25	CDR	Reaction Self Test
21:25-21:30	CDR	P/TV Playback Stop
21:30-06:00		SLEEP
Task List	FE-1, FE-2	Preparation of reports for Roskosmos site
		ECON Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities.
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram