

Radiogram No. 0727u

Form 24 for 11/11/2012

CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:10	FE-2	Morning Inspection. Reboot Laptop RS2(1)
06:00-06:05	CDR, FE-3, FE-6	Reaction Self Test
06:00-06:10	FE-1	Morning Inspection. RSS1, RSS2 Reboot
06:00-06:10	FE-4	Morning Inspection
06:05-06:10	CDR	Morning Inspection
06:05-06:15	FE-3	Morning Inspection
06:05-06:10	FE-6	Urine Spot Test
06:10-06:40	FE-2, FE-4, CDR, FE-1	Post-sleep
06:10-06:30	FE-6	HRF Urine Sample Collection (subject)
06:15-06:45	FE-3	Post-sleep
06:30-06:35	FE-6	HRF Urine Sample MELFI Insertion
06:35-07:05	FE-6	HRF Blood Draw
06:40-07:30	FE-4	BREAKFAST. SM ПСС (Caution & Warning Panel) Test (after breakfast)
06:40-07:30	FE-2, FE-1, CDR	BREAKFAST
06:45-07:00	FE-3	HRF Blood Sample Draw (assistance)
07:00-07:50	FE-3	BREAKFAST
07:05-07:10	FE-6	Reaction Self Test
07:15-07:25	FE-6	HRF Refrigerated Centrifuge Configuration
07:25-07:55	FE-6	Post-sleep
07:30-09:00	CDR	Physical Exercise (ARED)
07:55-08:00	FE-6	HRF Refrigerated Centrifuge Spin Terminate
08:00-08:10	FE-6	HRF - Sample Blood MELFI Insertion
08:10-08:15	FE-6	PROK. Logfile and PH Logsheet Photography
08:15-08:30	FE-6	HRF Blood Collection Hardware Stowage
08:30-09:30	FE-6	BREAKFAST
09:00-10:30	FE-3	Physical Exercise (ARED)
09:30-09:50	FE-4 FE-1 Handover	Pressurization of БЖ БС "Elektron-BM" prior to activation
10:00-11:30	FE-2	Physical Exercise (TVIS), Day 1
10:30-11:30	FE-3	Physical Exercise (CEVIS)
10:30-11:30	FE-1	Physical Exercise (ARED)
11:30-13:00	FE-4	Physical Exercise (TVIS), Day 3
11:30-13:00	FE-6	Physical Exercise (ARED)
11:55-12:10	FE-1	Private Family Conference (<i>Ku-, S-band (S/G2, S/G1-- backup)</i>)
13:00-14:00		LUNCH
14:00-14:10	CDR, FE-3	Food Frequency Questionnaire

14:00-14:15	FE-1,FE-2,FE-4	Telephone conference with Rossiyskiy Cosmos magazine editor (<i>S-band</i>)
14:00-14:20	FE-6	HRF Urine Sample Collection Subject
14:20-14:25	FE-6	HRF Urine Sample MELFI Insertion
14:25-14:45	FE-6	HRF - Stow Urine Collection Equipment
14:15-14:55	FE-1	COЖ Maintenance. <i>SM and FGB CBO, CГО, СПКУ АСУ Counter, ПОТОК Air Purification System Data Calldowns</i>
14:45-14:55	FE-6	Food Frequency Questionnaire
15:05-15:15	FE-6	MOST - Equipment Retrieval from MELFI
15:15-15:50	FE-6	MOST - Replacement of Chemical agents
15:35-17:05	FE-1	Physical Exercise (TVIS), Day 2
15:35-16:35	FE-2	Physical Exercise (VELO), Day 1
15:50-16:00	FE-6	MOST – MELFI - Sample Kit Insertion
16:50-17:05	CDR	Private Family Conference
17:10-17:25	CDR	ICV Monitoring End
17:15-18:15	FE-4	Physical Exercise (TVIS), Day 3
17:25-18:25	CDR	Physical Exercise T 2
17:35-18:35	FE-6	Physical Exercise (CEVIS)
18:15-18:35	FE-4	IMMUNO. Set up Saliva-Immuno kit for experiment
18:15-18:25	FE-3	MELF1-DRGN1 - Ice Brick Insert 5
18:25-18:40	FE-3	Private Family Conference
18:35-19:05	FE-1,FE-2,FE-4, CDR,FE-6	Evening Work Prep
18:40-19:05	FE-3	Evening Work Prep
19:05-19:30		Daily Planning Conference (<i>S-band</i>)
19:30-21:30	FE-1, FE-2, FE-4	Pre-sleep
19:30-21:20	CDR, FE-6	Pre-sleep
19:30-21:25	FE-3	Pre-sleep
21:20-21:25	CDR, FE-6	REMINDER Experiment Procedure Review
21:25-21:30	CDR, FE-3, FE-6	Reaction Self Test
21:30-06:00		SLEEP
Task List	FE-1, FE-2, FE-4	Preparation of reports for Roskosmos site
		Video-recording for Roskosmos TV
		ECON Observations and Photography
		URAGAN Observations and Photography
		SEINER Ocean Observations

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities.
3. Pre-sleep ops: daily food prep, dinner, pre-sleep