

Radiogram No. 0425u

Form 24 for 10/07/2012

CREW OFF DUTY

TIME	CREW	ACTIVITY
06:00-06:10	CDR	Morning Inspection
06:00-06:10	FE-4	Morning Inspection. Reload Laptop RS2(1) Reload Laptop RS2(1), RSS2
06:00-06:05	FE-6	REMINDER – ENERGY Experiment
06:05-06:15	FE-6	Morning Inspection
06:10-06:40	CDR, FE-4	Post-sleep
06:15-06:45	FE-6	Post-sleep
06:40-07:30	CDR	Breakfast
06:40-07:30	FE-4	Breakfast SM ПСС [Caution & Warning Panel] Test (after breakfast)
06:45-07:30	FE-6	Breakfast
07:30-07:35	FE-6	ENERGY Diet Log of Breakfast
07:30-07:50	CDR	Treadmill Kinematics Exercise Preparation
07:35-08:20	FE-6	Weekly Housekeeping
07:50-08:50	CDR	Physical Exercise (T2)
08:20-09:05	FE-6	PFS Energy Conclusion
08:50-09:00	CDR	Treadmill Kinematics Exercise End
09:05-09:25	FE-6	ENERGY - Urine Sample Collection
09:25-09:30	FE-6	ENERGY - Water Sample Collection
09:30-09:50	FE-6	Weekly Housekeeping
09:45-11:15	FE-4	Physical Exercise (TVIS), Day 4
09:50-10:05	FE-6	Private Family Conference
10:05-11:30	FE-6	Weekly Housekeeping
11:00-11:20	CDR	HAM Radio Session
11:30-13:00	FE-6	Physical Exercise (ARED)
13:00-14:00	.	LUNCH
14:00-14:05	FE-6	ENERGY Diet Log of Lunch
14:00-14:40	FE-4	COЖ Maintenance. SM and FGB SVO, Sanitary and Hygienic Equipment (CFO), СПКУ АСУ Counter, ПОТОК Air Purification System Data Calldowns
14:40-14:55	FE-4	Private Family Conference (<i>Ku+S-band</i>)
15:00-16:30	CDR	Physical Exercise (ARED)
16:35-17:05	CDR	Handover Conference
17:05-17:10	CDR	Payload MPC Restricted Playback Start
17:30-18:30	FE-4	Physical Exercise (VELO), Day 4
17:35-18:35	FE-6	Physical Exercise (CEVIS)
17:40-17:55	CDR	Private Family Conference
19:30-21:30	FE-4	Pre-sleep

19:30-21:25	FE-6	Pre-sleep
19:35-21:25	CDR	Pre-sleep
19:30-19:35	CDR	P/L-MPC. Playback End
21:25-21:30	CDR	REMINDER- Experiment Procedure Review
21:25-21:30	FE-6	ENERGY Diet Log of Dinner
21:30-06:00	.	SLEEP
Task List	CDR,FE-4,FE-6	Video Recording of Greetings to the Participants of the 20th International Space Olympiad for School Children (Downlink via OCA)
	FE-4	Preparation of reports for Roskosmos site
		ECON Observations and Photography
		SEINER Ocean Observations

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities.
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram