

Radiogram No. 9958u

Form 24 for 08/11/2012

**CREW OFF DUTY**

| <b>GMT</b>  | <b>CREW</b>                        | <b>ACTIVITY</b>   |
|-------------|------------------------------------|---|
| 06:00-06:10 | <b>CDR, FE-2, FE-4</b>             | Morning Inspection  |
| 06:00-06:05 | FE-3, FE-6                         | Reaction Self Test  |
| 06:00-06:05 | FE-5                               | ICV-3H MAKITA Battery Changeout   |
| 06:05-06:10 | FE-6, FE-3                         | Morning Inspection  |
| 06:05-06:10 | FE-5                               | Urine Spot Test   |
| 06:10-06:40 | <b>CDR, FE-2, FE-4, FE-6, FE-3</b> | Post-sleep  |
| 06:10-06:15 | FE-5                               | Reaction Self Test  |
| 06:15-06:45 | FE-5                               | Post-sleep  |
| 06:40-07:30 | <b>CDR</b>                         | BREAKFAST. <b><i>SM PCC [Caution &amp; Warning Panel] Test (after breakfast)</i></b>  |
| 06:40-07:30 | <b>FE-2, FE-4, FE-3, FE-6</b>      | BREAKFAST   |
| 06:45-07:30 | FE-5                               | BREAKFAST   |
| 07:30-10:30 | FE-3, FE-6                         | Weekly Housekeeping   |
| 07:30-09:00 | FE-5                               | Weekly Housekeeping   |
| 07:30-08:55 | <b>FE-2</b>                        | Weekly Housekeeping / <i>MO, Book 1, 1.2.1, p. 1-2</i>  |
| 07:30-10:30 | <b>FE-4</b>                        |   |
| 07:30-10:30 | <b>CDR</b>                         | Weekly Housekeeping<br>SM Ventilation Subsystem Preventive Maintenance, Group E<br>FGB UJB2 Fan Cleaning<br>Inspection of Air Conditioner [CKB] |
| 08:55-10:10 | <b>FE-2</b>                        | Physical Exercise (ARED)  |
| 09:00-09:05 | FE-5                               | ICV-3H MAKITA Battery Changeout   |
| 09:05-10:35 | FE-5                               | Weekly Housekeeping   |
| 10:30-12:00 | FE-6                               | Physical Exercise (ARED)  |
| 10:30-12:00 | <b>FE-4</b>                        | Physical Exercise (TVIS), Day 3   |
| 10:35-11:35 | FE-5                               | Physical Exercise (CEVIS)   |
| 10:45-11:00 | <b>CDR</b>                         | Private Psychological Conference ( <i>VHF</i> )   |
| 11:00-12:35 | <b>FE-2</b>                        | Weekly Housekeeping<br>Cleaning SM and FGB Potok-150MK Air Purification System Pre-filters<br><b>(after 12:00)</b>                              |
| 11:45-12:45 | <b>CDR</b>                         | Physical Exercise (VELO), Day 3   |
| 12:00-12:40 | FE-6                               | HiMassSEE Retrieval   |
| 12:00-12:05 | FE-5                               | ICV-3H MAKITA Battery Changeout   |
| 12:15-12:20 | FE-3                               | HiMassSEE Photography   |
| 12:20-12:35 | <b>FE-4</b>                        | Private Psychological Conference ( <i>VHF</i> )   |
| 12:45-13:00 | <b>CDR, FE-2, FE-4</b>             | Weekly Planning Conference ( <i>S-band</i> )  |

|                  |                        |   |
|------------------|------------------------|---|
| 13:15-14:15      |                        | LUNCH   |
| 14:15-14:30      | <b>CDR, FE-2, FE-4</b> | Telephone Conference with Rossiyskiy Cosmos Magazine Editor (S-band)                      |
| 14:15-14:25      | FE-3, FE-6             | HMS Food Frequency Questionnaire  |
| 14:15-14:20      | FE-5                   | PROK Diet Logging (Day 2-4)   |
| 14:55-15:35      | <b>CDR</b>             | COЖ Maintenance   |
| 15:00-15:05      | FE-5                   | ICV-3H MAKITA Battery Changeout   |
| 15:25-15:40      | <b>FE-2</b>            | Private Psychological Conference (VHF)  |
| 15:40-15:55      | FE-6                   | Private Family Conference   |
| 15:40-15:45      | FE-3                   | P/L - Playback Start  |
| 15:55-17:25      | FE-3                   | Physical Exercise (ARED)  |
| 16:25-17:40      | <b>FE-2</b>            | Physical Exercise (TVIS), Day 2   |
| 16:40-17:00      | FE-5                   | HRF Urine Collection Hardware Setup   |
| 16:50-17:50      | FE-6                   | Physical Exercise T2  |
| 17:00-17:20      | FE-5                   | Integrated Cardiovascular Ambulatory Monitoring Midpoint                                  |
| 17:25-18:25      | FE-3                   | Physical Exercise (CEVIS)   |
| 17:25-18:55      | FE-5                   | Physical Exercise (ARED)  |
| 17:40-19:10      | <b>CDR</b>             | Physical Exercise (TVIS), Day 3   |
| 18:25-19:25      | <b>FE-4</b>            | Physical Exercise (VELO), Day 3   |
| 18:55-19:10      | FE-5                   | Private Family Conference   |
| 19:10-19:15      | FE-3                   | Payload Playback Stop   |
| 19:15-19:30      | FE-3                   | Journal Entry   |
| 19:30-21:25      | FE-3, FE-6             | Pre-sleep   |
| 19:30-21:30      | <b>CDR, FE-2, FE-4</b> | Pre-sleep   |
| 19:30-21:20      | FE-5                   | Pre-sleep   |
| 21:20-21:25      | FE-5                   | HRF Urine Collection Hardware Stowage   |
| 21:25-21:30      | FE-3, FE-5, FE-6       | Reaction Self Test  |
| 21:30-06:00      |                        | SLEEP   |
| <b>TASK LIST</b> | <b>CDR, FE-2</b>       | <b>ON MCC GO</b> Urine Transfer to TKГ 416 Rodnik Tank 2 [BB2] / <a href="#">r/g 9987</a> |
|                  | <b>CDR, FE-2, FE-4</b> | Video Footage for "Lesson from Space" TV show   |
|                  | <b>CDR, FE-2, FE-4</b> | Preparation of reports for Roskosmos site   |
|                  | <b>CDR, FE-4</b>       | ECON. Observations and Photography  |

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. **Limited comm via US assets is possible between 13:00-22:00**

End of Radiogram