

Radiogram No. 8310u

Form 24 for 01/30/2012

Progress 414 3YГ(O) Leak Check. Opening and Pressurization of Refueling System Tanks.

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Reaction Self Test
06:00-06:10	FE-1	Morning Inspection. <i>Inspection of CM-Y connector on MHP-HC pump behind ACY panel</i>
06:00-06:10	FE-2,FE-4	Morning Inspection
06:00-06:05	FE-5	Reaction Self Test
06:00-06:05	FE-6	Reaction Self Test
06:05-06:10	CDR,FE-5,FE-6	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	CDR, FE-1,FE-4 , FE-5,FE-6	BREAKFAST
06:40-07:30	FE-2	BREAKFAST. <i>SM ПСС [Caution & Warning Panel] Test (after breakfast)</i>
09:00-10:30	CDR	Physical Exercise (ARED)
10:00-11:00	FE-4	Physical Exercise (TVIS), Day 1
10:30-11:30	CDR	Physical Exercise T 2
10:30-12:00	FE-6	Physical Exercise (ARED)
11:00-12:30	FE-2	Physical Exercise (TVIS), Day 1
10:45-12:00	FE-5	EarthKAM Setup and Activation
12:00-13:00	FE-1	Physical Exercise (VELO), Day 1
12:10-13:00	CDR	ICV Monitoring Prep
13:00-14:00	.	LUNCH
14:00-14:30	FE-2	Auxiliary Laptop Anti-Virus Update
14:00-14:40	FE-4	COЖ Maintenance
15:15-16:45	FE-4	Physical Exercise (ARED)
15:30-16:30	FE-2	Physical Exercise (VELO), Day 1
15:45-16:45	FE-5	Physical Exercise (CEVIS)
15:55-16:50	FE-6	Actiwatch and Holter 2 Data Download
16:00-16:20	FE-1	IMMUNO. Equipment setup
16:45-18:15	FE-5	Physical Exercise (ARED)
16:50-17:15	FE-1,FE-2,FE-4	ISS-MCC TV Greetings (To= 16:49, T1, T2, T3 from СПП)
17:15-18:45	FE-1	Physical Exercise (TVIS), Day 1
17:15-18:15	FE-6	Physical Exercise T 2
18:30-18:50	CDR,FE-5	Evening Work Prep
18:35-18:55	FE-2,FE-4,FE-6	Evening Work Prep
18:45-18:55	FE-1	Evening Work Prep
18:50-18:55	FE-5	Daily Diet Monitoring
18:50-18:55	CDR	Daily Diet Monitoring
18:55-19:20	.	Daily Planning Conference (S-band)

19:20-19:30	.	Evening Work Prep
19:30-21:15	FE-5	Pre-sleep
19:30-21:30	FE-1,FE-2,FE-4	Pre-sleep
19:30-21:25	CDR,FE-6	Pre-sleep
21:15-21:20	FE-5	Reaction Self Test
21:20-21:30	FE-5	EKAM WOLF Battery Swap
21:25-21:30	FE-6	Reaction Self Test
21:25-21:30	CDR	Reaction Self Test
21:30-06:00	.	SLEEP
Task List	FE-1, FE-2, FE-4	Video Footage for Karusel channel
		URAGAN. Observations and Photography
		ECON. Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram