

Radiogram No. 8124u

Form 24 for 01/07/2012

**CREW OFF DUTY**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:05	CDR	Reaction Self Test
06:00-06:10	<b>FE-1, FE-2, FE-4, FE-5, FE-6</b>	Morning Inspection
06:05-06:10	CDR	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR, <b>FE-1, FE-4, FE-5, FE-6</b>	BREAKFAST
06:40-07:30	<b>FE-2</b>	BREAKFAST <b>SM ПСС [Caution &amp; Warning Panel] Test</b> (after breakfast)
08:30-10:00	<b>FE-2</b>	Physical Exercise (ARED)
09:10-10:40	<b>FE-4</b>	Physical Exercise (TVIS), Day 2
10:00-11:30	FE-6	Physical Exercise (ARED)
10:00-10:05	FE-5	MPC Power Up
10:05-10:15	FE-5	HMS Visual Testing Activity
10:40-11:40	CDR	Physical Exercise T2
10:40-10:55	<b>FE-1,FE-2,FE-4</b>	Conference with Patriarch Cyril (VHF)
11:40-13:10	CDR	Physical Exercise (ARED)
11:40-11:55	<b>FE-4</b>	Private Family Conference (Ku + S-band)
12:00-13:00	<b>FE-1</b>	Physical Exercise (TVIS), Day 2
13:10-13:40		Weekly Planning Conference (S-band)
13:40-14:40		LUNCH
14:40-15:40	CDR, FE-5, FE-6	Handover
14:40-15:20	<b>FE-1</b>	COX Maintenance
14:40-14:55	<b>FE-2</b>	Private Family Conference (Ku + S-band)
15:40-15:45	FE-5	Space Headaches - Weekly Questionnaire
15:45-16:00	CDR	3DA1 Camcorder Setup
16:00-16:35	CDR	Video Taping with Panasonic 3D Camcorder
16:05-16:20	FE-5	Private Family Conference
16:15-16:20	FE-6	MPC Power Down
16:30-18:00	<b>FE-1</b>	Physical Exercise (ARED)
16:35-16:45	CDR	Deactivation of 3DA1 Camcorder
17:00-18:00	FE-5	Physical Exercise T 2
17:00-18:00	<b>FE-2</b>	Physical Exercise (TVIS), Day 2
18:00-19:30	FE-5	Physical Exercise (ARED)
18:00-19:00	FE-6	Physical Exercise (CEVIS)
18:30-19:30	<b>FE-4</b>	Physical Exercise (VELO), Day 2
19:30-21:25	CDR	Pre-sleep
19:30-21:30	FE-5, FE-6,	Pre-sleep

	<b>FE-1, FE-2, FE-4</b>	
21:25-21:30	CDR	Reaction Self Test
21:30-06:00		SLEEP
<b>Task List</b>	<b>FE-1,FE-2,FE-4</b>	Preparation of reports for Roskosmos site
		ECON. Observations and Photography

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram