

PLAZMENNYI KRISTALL. CARGO TRANSFERS.

GMT	CREW	ACTIVITY
06:00-06:10	FE-1,FE-5	Morning Inspection
06:00-06:10	FE-2	Morning Inspection. SM ПСС [Caution & Warning Panel] Test
06:00-06:05	FE-6	Urine Spot Test
06:00-06:05	FE-4	PLAZMENNYI KRISTALL. Pressure Check
06:00-06:05	CDR	Reaction Self Test
06:05-06:10	CDR,FE-4	Morning Inspection
06:05-06:25	FE-6	FE-6 Urine Collection
06:10-06:40	CDR,FE-1,FE-2, FE-4,FE-5	Post-sleep
06:25-06:35	FE-6	HRF Urine Sample Insertion Into MELFI
06:35-06:45	FE-6	Morning Inspection
06:40-07:30	CDR,FE-1,FE-2, FE-4,FE-5	BREAKFAST
06:45-07:15	FE-6	Post-sleep
07:15-07:30	FE-6	BREAKFAST
07:30-07:40	FE-2	Verification of anti-virus scan results on Auxiliary Computer System (BKC) laptops
07:30-07:55	CDR,FE-1,FE-4, FE-5,FE-6	DPC (<i>S-band</i>)
07:40-07:55	FE-2	Daily Planning Conference. Report antivirus scanning results on Auxiliary Computer System (BKC) laptops (<i>S-band</i>)
07:55-08:15	CDR,FE-1, FE-2,FE-4	Work Prep
07:55-08:25	FE-6	BREAKFAST
07:55-08:10	FE-5	Work Prep
08:10-08:20	FE-5	ICV-MAKITA Battery Installation
08:15-09:45	FE-2	Physical Exercise (ARED)
08:15-10:50	CDR	EPIC GNC 2 Install Part 1
08:15-09:15	FE-4	Crew time for ISS adaptation and orientation
08:20-08:40	FE-5	Neurospat Experiment Hardware Setup
08:20-09:00	FE-1	COЖ Maintenance
08:25-08:30	FE-6	Open procedures for Neurospat experiment
08:30-08:40	FE-6	Work Prep
08:40-09:40	FE-5,FE-6	Installation of EEG cap and electrodes
09:00-10:00	FE-1	URAGAN Observations and Photos using Photo Spectrum System (ФСС) PL
09:15-09:20	FE-4	Comm config prior to Plazmennyi Kristall-3 experiment
09:20-09:40	FE-4	PLAZMENNYI KRISTALL-3 PLUS. Hardware Activation and Experiment Start
09:40-10:30	FE-4	ISS-MCC TV (T1,T2,T3 from СПП) PLAZMENNYI KRISTALL-3 PLUS. Start and Monitor the Experiment. Tagup with specialists (<i>S-band</i>)
09:40-09:50	FE-5,FE-6	Neurospat Photo Modeling

09:45-09:50	FE-2	ISS-MCC-M TV (Ku-band). PLAZMENNYI KRISTALL-3 PLUS. Check TV signal on BKY Monitor
09:50-11:05	FE-5	Neurospat Science Data Collection
09:50-11:20	FE-6	Physical Exercise (ARED)
09:55-10:10	FE-2	PLASMA CRYSTAL Experiment Photos
10:00-11:00	FE-1	Physical Exercise (TVIS), Day 2
10:10-11:10	FE-2	PLAZMENNYI KRISTALL Experiment Video
10:30-11:30	FE-4	PLAZMENNYI KRISTALL-3 PLUS Experiment in Manual Mode
10:50-11:00	CDR	USOS Window Shutter Close
11:00-12:25	CDR	EPIC GNC 2 Install Part 2
11:05-11:15	FE-5	Neurospat. Fast stow of the materials
11:10-13:00	FE-1,FE-2	Video Footage for Nauka 2.0 [Science 2.0] TV Project
11:15-12:05	FE-5	ICV Monitoring Prep
11:20-11:45	FE-6	Removal of the failed A31p laptop on EXPRESS Rack 2 (LAB1O1) and connection and config of the new A31p laptop
11:30-11:50	FE-4	PLAZMENNYI KRISTALL-3 PLUS Experiment Termination
11:50-11:55	FE-4	Comm system reconfig after Plazmennyi Kristall-3 experiment
11:55-12:55	FE-4	Physical Exercise (VELO), Day 2
12:10-12:25	FE-5	PMC
12:25-12:30	CDR	Compound Specific Analyzer- Combustion Products (CSA-CP) CSA-O2 Readings
12:25-12:30	FE-5	ICV MAKITA Battery Swap
12:25-12:35	FE-6	Nutrition and Repository: blood draw equipment setup
12:35-12:55	FE-6	FE-6 Urine Collection
12:50-13:50	FE-5	LUNCH
12:55-13:00	FE-6	Placement of urine samples into MELFI
12:55-13:00	FE-4	On MCC Go ISS O2 repress from Progress 413 CpПК (start)
13:00-14:00	CDR, FE-1,FE-2,FE-4,FE-6	LUNCH
13:50-13:55	FE-5	ICV MAKITA Battery Swap
13:55-14:55	FE-5	ICV Data Download
14:00-14:05	FE-6	PROK Diet Logging (Day 2-4)
14:00-14:05	FE-4	ISS O2 repress from Progress 413 CpПК (terminate)
14:00-15:00	FE-2	Audit and pre-pack spare CД 1-7 Light Power Units for disposal. <i>Tagup with specialists (S-band)</i>
14:00-16:00	FE-1	Progress 413 Stowage and IMS Ops
14:05-15:35	CDR,FE-6	Handover of Increment 30 Crew
14:05-14:35	FE-4	PLAZMENNYI KRISTALL-3 PLUS. Copy data from the hard drive
14:35-16:05	FE-4	Soyuz 703 Transfers and IMS Ops
14:55-15:25	FE-5	Crew time for ISS adaptation and orientation
15:00-17:00	FE-2	Audit of RODNIK kits
15:25-15:40	FE-5	ICV Data Download Completion
15:35-16:05	CDR	Crew Medical Officer (CMO) Proficiency Training
15:35-15:55	FE-6	ALTEA Payload applications upload to laptop on Rack 2

15:40-15:45	FE-5	ICV MAKITA Battery Swap
15:45-17:15	FE-5	Physical Exercise (ARED)
15:55-16:20	FE-6	Glacier Payload applications load
16:00-16:30	FE-1	Counter Measure System (CMS) Harmful Contaminant Measurements in SM
16:05-17:35	FE-4	Physical Exercise (TVIS), Day 2
16:15-17:15	CDR	Physical Exercise (CEVIS)
16:20-17:20	FE-6	Physical Exercise T 2
16:30-16:45	FE-1	КОБ2 4ГБ4 Half-Coupling Shell Coolant Leak Check
16:45-17:00	FE-1	Private Medical Conference (<i>Ku+S-band</i>)
17:05-18:35	FE-1	Physical Exercise (VELO), Day 2
17:10-17:25	FE-2	Private Medical Conference (<i>Ku+S-band</i>)
17:15-18:15	FE-5	Physical Exercise (CEVIS)
17:15-18:45	CDR	Physical Exercise (ARED)
17:20-17:40	FE-6	FE-6 Urine Collection
17:25-18:10	FE-2	Evening Work Prep
17:35-17:50	FE-4	Verify ИП-1 sensor positions
17:40-17:45	FE-6	HRF Urine Sample Insertion Into MELFI
17:50-18:10	FE-4	IMS Update
17:50-18:00	FE-6	ALTEA dosimetry data collection activation
18:00-18:20	FE-6	Evening Work Prep
18:10-18:25	FE-4	Evening Work Prep
18:10-19:10	FE-2	Physical Exercise (TVIS), Day 2
18:15-18:25	FE-5	ICV Reference Material Overview
18:20-18:40	FE-6	FE-6 Urine Collection
18:25-18:40	FE-4	Private Medical Conference (<i>Ku+S-band</i>)
18:25-18:30	FE-5	ICV-MAKITA Battery Stow
18:30-19:00	FE-5	Crew time for ISS adaptation and orientation
18:40-18:45	FE-4	PLAZMENNYI KRISTALL. Pressure Check
18:40-18:45	FE-6	MELFI Urine Sample Insertion
18:45-19:10	CDR,FE-1,FE-4,FE-6	Evening Work Prep
19:00-19:10	FE-5	Evening Work Prep
19:10-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-19:35	CDR	Start Video
19:30-21:30	FE-1,FE-2,FE-4,FE-5,FE-6	Pre-sleep
19:35-21:20	CDR	Pre-sleep
21:20-21:25	CDR	Reaction Self Test
21:25-21:30	CDR	Terminate Video
21:30-06:00	.	SLEEP
Task List	FE-1,FE-2,FE-4	Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC** 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
 4. 09:30-11:30 - limited OCA access
- End of Radiogram