

Radiogram No. 7810u

Form 24 for 11/29/2011

SM Ventilation System Preventive Maintenance. Health Monitoring

GMT	CREW	ACTIVITY
06:00-06:10	FE-1	Morning Inspection. SM PCC [Caution & Warning Panel] Test
06:00-06:10	FE-2	Morning Inspection
06:00-06:05	CDR	Reaction Self Test
06:05-06:10	CDR	Morning Inspection
06:10-06:20	FE-1, FE-2	Post-sleep
06:10-06:40	CDR	Post-sleep
06:20-06:30	FE-1, FE-2	Hematocrit. Test
06:30-06:45	FE-2	Post-sleep
06:30-06:35	FE-1	Hematocrit Equipment Stowage
06:35-06:45	FE-1	Post-sleep
06:40-07:30	CDR	BREAKFAST
06:45-07:30	FE-1, FE-2	BREAKFAST
07:30-07:55	CDR	Work Prep
07:30-08:00	FE-1, FE-2	Work Prep
07:55-08:00	CDR	JEMRMS Back Up Controller (BUC) Power On
08:00-08:15		Daily Planning Conference (<i>S-band</i>)
08:15-08:55	FE-1	24-hour ECG (termination)
08:15-09:05	CDR	ICV Monitoring Prep
08:15-08:40	FE-2	Crew time for ISS adaptation and orientation
08:45-08:55	FE-2	KOБ2 4ГБ4 Half-Coupling Shell Coolant Leak Check
08:55-09:20	FE-1	On-orbit Hearing Assessment using EARQ
08:55-09:25	FE-2	24-hour ECG (start)
09:05-09:15	CDR	EHS Air Quality Monitoring (AQM) Start
09:15-09:30	CDR	Treadmill T2 Monthly Inspection
09:25-10:30	FE-1	PNEUMOCARD. Experiment Ops. <i>Tagup with specialists (S-band)</i>
09:25-12:05	FE-2	SM Ventilation System Preventive Maintenance. Group B
09:30-10:25	CDR	Physical Exercise T 2
10:25-10:30	CDR	Shutting down T2 software to transfer data
10:30-11:15	CDR	ICV Monitoring Start
10:30-12:00	FE-1	Physical Exercise (TVIS), Day 3
11:15-11:25	CDR	ICV - 10-Minute Resting Event Alternate
11:25-11:30	CDR	Powering down T2 Display
11:30-12:30	CDR	Crew time for ISS adaptation and orientation
12:00-12:20	FE-1	Crew time for ISS adaptation and orientation
12:05-13:05	FE-2	Physical Exercise (VELO), Day 3
12:25-13:05	FE-1	COX Maintenance
12:30-12:40	CDR	WRS Water Sample Analysis
13:00-13:05	CDR	JEMRMS Backup Controller (BUC) Power Off
13:05-14:05		LUNCH

14:05-15:05		Emergency Egress Drill. Tagup with specialists (S-band)
15:05-16:15	FE-1	Progress 413 Transfers and IMS Updates
15:05-15:30	FE-2	On-orbit Hearing Assessment using EARQ
15:05-15:15	CDR	CUCU (COTS UHF Communications Unit) Setup for File Uplink
15:15-15:25	CDR	PAO Hardware Setup
15:25-15:35	CDR	Crew Prep for PAO
15:30-16:05	FE-2	Crew time for ISS adaptation and orientation
15:35-15:55	CDR	PAO Event
15:55-16:00	CDR	EHS - Air Quality Monitor (AQM) End
16:00-16:10	CDR	TOCA Data Recording And Downlink
16:05-17:35	FE-2	Physical Exercise (TVIS), Day 3
16:10-16:25	CDR	ARED Guide Rail Inspection
16:15-16:30	FE-1	Private Medical Conference (<i>S+Ku-band</i>)
16:25-16:40	CDR	ARED Flywheel Cylinder Evacuation
16:30-17:10	FE-1	Crew time for ISS adaptation and orientation
16:40-18:10	CDR	Physical Exercise (ARED)
17:10-17:30	FE-1	IMS Update
17:30-18:30	FE-1	Physical Exercise (VELO), Day 3
17:35-17:50	FE-2	ИП-1 Flow Sensor Position Verification
17:50-18:05	FE-2	Private Medical Conference (<i>S + Ku-band</i>)
18:05-18:35	FE-2	INTERACTION Experiment Ops
18:10-18:25	CDR	Questionnaire: journal entry
18:25-18:45	CDR	Evening Work Prep
18:30-18:45	FE-1	Evening Work Prep
18:35-18:45	FE-2	Evening Work Prep
18:45-19:00		Daily Planning Conference (<i>S-band</i>)
19:00-19:30		Evening Work Prep
19:30-21:30	FE-1, FE-2	Pre-sleep
19:30-19:35	CDR	P/TV Playback Start
19:35-21:20	CDR	Pre-sleep
21:20-21:25	CDR	Reaction Self Test
21:25-21:30	CDR	P/TV Playback End
21:30-06:00		SLEEP
Task List	FE-1,FE-2	Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram