

Radiogram No. 7566u

Form 24 for 10/31/2011

MEDICAL MONITORING

GMT	CREW	ACTIVITY
06:00-06:05	CDR,FE-5	Bisphosphonate Pill Ingestion
06:00-06:10	FE-4	Morning Inspection. SM ПСС [Caution & Warning Panel] Test Inspection of CM-Y connector on MHP-HC separator pump behind ACY panel 139
06:05-06:10	CDR,FE-5	Reaction Self Test
06:10-06:40	FE-4,FE-5	Post-sleep
06:10-06:15	CDR	BCAT-6 – Crew swaps camera batteries, downloads photos, and restarts intervalometer
06:15-06:25	CDR	Morning Inspection
06:25-06:55	CDR	Post-sleep
06:40-07:30	FE-4,FE-5	BREAKFAST
06:55-07:45	CDR	BREAKFAST
07:30-07:45	FE-4,FE-5	Work Prep
07:45-08:00	.	Daily Planning Conference (<i>S-band</i>)
08:00-08:15	CDR	SDRM Power Up
08:00-08:10	FE-5	WRS Water Sample Analysis
08:00-08:20	FE-4	Work Prep
08:10-09:05	FE-5	WRS Sample Collection
08:15-08:45	CDR	Work Prep
08:20-09:10	FE-4	Obtaining photos/videos for downlink via Data Transmission Radio Link (PCPI)
08:55-09:25	CDR	Environmental Health System (EHS) - CSA-CP Calibration
09:05-09:50	FE-5	Coolant Sampling From Moderate Temperature Loop
09:10-09:50	FE-4	Auxiliary Laptop Anti-Virus Update
09:25-09:40	CDR	ARED Flywheel Cylinder Evacuation
09:40-10:55	CDR	Physical Exercise (ARED)
09:50-10:50	FE-4, FE-5 assists	Orthostatic Stability Evaluation with LBNP. To=10:13 . <i>Tagup with specialists (VHF)</i>
10:50-11:05	FE-4	SM air sampling using AK-1M sampler
10:50-10:55	FE-5	TOCA Data Recording
10:55-11:10	FE-5	POMS Questionnaire
10:55-11:55	CDR	EarthKAM Setup and Activation
11:05-11:15	FE-4	SM air sampling for CO using ИПД samplers
11:15-11:45	FE-4	PCPI. Data prep on RSS2 to downlink via Data Transmission Radio Link (PCPI)
11:30-13:00	FE-5	Physical Exercise (ARED)
11:45-13:00	FE-4	Physical Exercise (TVIS), Day 2
11:55-12:25	CDR	Water Recovery System (WRS) Waste Storage Tank Assembly (WSTA) Fill
12:55-13:00	CDR	SDRM-EXP Powerdown
13:00-14:00	.	LUNCH
14:00-14:10	FE-5	TOCA Potable Water Dispenser (PWD) Sample Analysis
14:00-14:05	CDR	BCAT6 - Crystal Check
14:00-16:00	FE-4	Surface sampling from FGB equipment and structures
14:05-14:15	CDR	BCAT-6 – Crew swaps camera batteries, downloads photos, and restarts

		intervalometer
14:10-15:10	FE-5	WMK In-Flight Water Processing
14:50-14:55	CDR	ISS HAM Radio Setup in Service Module
14:55-15:10	CDR	ISS HAM Radio Session from SM
15:10-15:15	CDR	CGBA Status Check and Maintenance
15:10-15:35	FE-5	CEVIS Isolator Checkout
15:35-16:50	CDR	Physical Exercise T 2
15:40-16:40	FE-5	Physical Exercise (CEVIS)
16:00-17:15	FE-4	Physical Exercise (TVIS), Day 2
16:50-17:00	FE-5	TOCA 2 Data Recording
16:50-16:55	CDR	Panoptic Video
16:55-17:05	CDR	PanOptic Eye Exam Setup
17:05-17:10	CDR	PanOptic Eye Exam Setup
17:15-17:30	FE-4	CPB-K2M Sediment Trap Insert Inspection
17:15-17:40	FE-5	Evening Work Prep
17:30-17:40	CDR	Evening Work Prep
17:30-17:45	FE-4	Routine Maintenance of SM Rodnik Tank Valves KB and KH
17:40-18:10	FE-5	PanOptic Eye Exam CMO
17:40-18:10	CDR	PanOptic Eye Exam (Subject)
17:45-18:25	FE-4	COЖ Maintenance
18:10-18:15	FE-5	PanOptic Eye Exam Setup
18:15-18:45	FE-5	Evening Work Prep
18:15-18:45	CDR	Pre-sleep
18:25-19:15	FE-4	Evening Work Prep
18:45-19:15	CDR	PanOptic Eye Exam CMO
18:45-19:15	FE-5	PanOptic Eye Exam (Subject)
19:15-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-21:25	FE-5	Pre-sleep
19:30-19:35	CDR	Playback Start
19:30-21:30	FE-4	Pre-sleep
19:35-20:00	CDR	PanOptic Data Downlink/Stowage
20:00-20:05	CDR	Panoptic Video Stow
20:05-21:15	CDR	Pre-sleep
21:15-21:20	CDR	EKAM WOLF Battery Swap
21:20-21:25	CDR	Reaction Self Test
21:25-21:30	CDR	Playback End
21:25-21:30	FE-5	Reaction Self Test
21:30-06:00	.	SLEEP
Task List	FE-4	ECON. Observations and Photography
		IMS Update
		Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram