

Radiogram No. 7557u

Form 24 for 10/29/2011

PROGRESS 410 UNDOCKING FROM DC1

GMT	CREW	ACTIVITY
06:00-06:05	CDR	BCAT6 - camera battery changeout and intervalometer restart
06:00-06:10	FE-4, FE-5	Morning Inspection
06:05-06:10	CDR	Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30	FE-4	BREAKFAST SM PCC [Caution & Warning Panel] Test (after breakfast)
06:40-07:30	CDR, FE-5	BREAKFAST
07:30-10:30	CDR, FE-5	Weekly Housekeeping
08:00-08:40	FE-4	COX Maintenance
08:45-09:30	FE-4	Photography of Progress 410 Docking Assembly after Separation from ISS. Photo Transfer to OCA
09:30-09:35	FE-4	On MCC Go Switch DC1-TK PEV to CLOSED position
10:00-11:15	FE-4	Physical Exercise (TVIS) Day 3
10:30-10:40	FE-5	Station Support Computer (SSC) Server Vent Cleaning
10:30-11:45	CDR	Physical Exercise T2
10:40-12:10	FE-5	Physical Exercise (ARED)
11:15-12:05	FE-4	TV Downlink PLASMA CRYSTAL-3 PLUS. Video Prep and Downlink (<i>Ku-band</i>)
12:10-12:15	CDR	BCAT6 Sample Check
12:10-12:20	FE-5	HAM Radio Power Up
12:15-12:25	CDR	BCAT6 - camera battery changeout, image download, and intervalometer restart
12:35-13:05		Weekly Planning Conference (<i>S-band</i>)
13:05-14:05		LUNCH
14:05-14:15	FE-4	PLASMA CRYSTAL-3 PLUS. End Downlink
14:05-14:10	CDR	ISSAC Lab Window Shutter Open
14:05-14:25	FE-5	TRY-ZERO - Preparation
14:25-14:50	FE-5	JAXA – Commercial Video in JEM
14:30-17:30	FE-4	Weekly Housekeeping SM Ventilation System Group E Maintenance FGB LQB2 Fan Cleaning Cleaning БМП (Micropurification Unit) Fan Grille
14:50-15:25	FE-5	TRY ZERO G – Experiment 3
16:05-17:20	CDR	Physical Exercise (ARED)
16:20-16:25	FE-5	TRY ZERO G Downlink Start
17:00-18:00	FE-5	Physical Exercise T 2
17:30-18:45	FE-4	Physical Exercise (TVIS) Day 3
18:35-18:50	FE-5	TRY ZERO-G Experiment Closeout
19:30-20:50	CDR	Pre-sleep
19:30-21:30	FE-4, FE-5	Pre-sleep
20:50-21:05	CDR	Private Family Conference

21:05-21:25	CDR	Pre-sleep
21:25-21:30	CDR	BCAT6 - camera battery changeout and intervalometer restart
21:30-06:00		SLEEP
Task List	FE-4	ECON. Observations and Photography
		PLANTS-2. Watering
		Preparation of reports for Roskosmos site
		PLASMA CRYSTAL-3 PLUS. Close-out Ops
		SEINER Ocean Observations

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
 4. **Between 11:20 and 12:40 SSC operation interruptions are possible due to the PLASMA CRYSTAL-PLUS experiment video downlink**
- End of Radiogram