

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:05	CDR, FE-5	Reaction Self Test
06:00-06:05	FE-4	Morning Inspection. SM ПСС [Caution & Warning Panel] Test
06:05-06:10	CDR, FE-5	Morning Inspection
06:05-06:30	FE-4	Post-sleep
06:10-06:40	CDR, FE-5	Post-sleep
06:30-07:15	FE-4	BREAKFAST
06:40-07:30	CDR, FE-5	BREAKFAST
07:20-07:35	FE-4	HAM Radio Session (Domodedovo-2011 Ham Radio Festival)
07:30-10:30	CDR, FE-5	Weekly Housekeeping
07:35-08:55	FE-4	Weekly Housekeeping SM Ventilation System Group E Maintenance FGB ЦБ2 Fan Cleaning Cleaning БМП (Micropurification Unit) Fan Grille
08:55-09:10	FE-4	HAM Radio Session (Domodedovo-2011 Ham Radio Festival)
09:25-09:40	FE-4	Private Family Conference (<i>Ku + S-band</i>)
10:30-11:45	CDR	Physical Exercise T2
10:45-11:00	FE-4	PLANTS-2. Watering
10:45-12:15	FE-5	Physical Exercise (ARED)
11:00-12:15	FE-4	Physical Exercise (TVIS), Day 4
12:45-13:15		Weekly Planning Conference (<i>S-band</i>)
13:15-14:15		LUNCH
14:15-15:55	FE-4	Weekly Housekeeping SM Ventilation System Group E Maintenance FGB ЦБ2 Fan Cleaning Cleaning БМП (Micropurification Unit) Fan Grille
16:30-17:30	FE-5	Physical Exercise T 2
16:30-17:45	CDR	Physical Exercise (ARED)
17:05-17:45	FE-4	COЖ Maintenance
17:45-19:00	FE-4	Physical Exercise (ARED)
19:30-21:30	FE-4	Pre-sleep
19:30-21:25	FE-5	Pre-sleep
19:30-21:20	CDR	Pre-sleep
21:20-21:25	CDR	Reaction Self Test
21:25-21:30	FE-5	Reaction Self Test
21:25-21:30	CDR	ISSAC Window Shutter Close
21:30-06:00		SLEEP
	FE-4	Preparation of reports for Roskosmos site
		URAGAN. Observations and Photography
		SEINER Ocean Observations
		ECON. Observations and Photography
		PLANTS-2. Refilling Water Tank

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram