

Radiogram No. 7088u

Form 24 for 08/23/2011

PROGRESS 411 UNDOCKING FROM SM AFT

GMT	CREW	ACTIVITY
06:00-06:10	FE-1, FE-3, FE-4, FE-5, FE-6	Morning Inspection
06:00-06:10	CDR	Morning Inspection. SM ПСС [Caution & Warning Panel] Test
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:40	FE-4	Verification of anti-virus scan results on Auxiliary Computer System (BKC) laptops
07:30-07:50	CDR, FE-1, FE-6	Work Prep
07:30-07:40	FE-3, FE-5	
07:40-07:50	FE-4	
07:40-07:50	FE-3	Ham Radio Hardware Deactivation
07:40-07:50	FE-5	Closing USOS Window Shutters
07:50-08:15		Daily Planning Conference (S-band). Report to MCC Anti-virus scan results on Auxiliary Computer System (BKC) laptops
08:15-08:30	CDR	PLANTS-2 Watering
08:15-08:25	FE-5	Work Prep
08:15-09:55	FE-6	Progress 42 US Unpack
08:20-09:20	FE-1	Physical Exercise (T2) Day 1
08:25-08:35	FE-3	PHS Evaluation Setup
08:30-09:30	FE-4	Physical Exercise (VELO), Day 3
08:30-08:35	FE-5	HMS Defibrillator Inspection
08:35-09:05	FE-3	Periodic Health Status - Subject
08:35-09:05	FE-5	Periodic Health Status - Assistance
08:40-09:00	CDR	CBO-3B water sampling to Russian drink bags
09:00-09:30	CDR	Water sampling from БРП-М (HOT, WARM) to drink bags
09:05-10:35	FE-5	Physical Exercise (ARED)
09:05-09:30	FE-3	Periodic Health Status (PHS) Data Entry and Hardware Stowage
09:20-10:05	FE-1	Setup and photography of Progress 411 Docking Assembly through RS Window #26 after separation
09:30-09:45	FE-4	ИК0501 Gas Analyzer O2 Channel Adjustment. <i>Tagup with specialists (S-band)</i>
09:30-11:00	CDR	Progress 410 Transfers and IMS Updates
09:35-10:35	FE-3	Physical Exercise (CEVIS)
09:55-10:00	FE-6	T2 Series Bungee System (SBS) Changeout
09:55-10:10	FE-4	Swapping nominal TORU РУД and PYO controllers for Pilot РУД and PYO before simulation
10:00-10:20	FE-6	Treadmill Kinematics Exercise Preparation
10:05-10:10	FE-1	On MCC Go Switch ПpK-TK PEV to CLOSED position
10:10-13:10	FE-1, FE-4	TORU OBT. Tagup with instructor (VHF+S-band)
10:20-11:35	FE-6	Physical Exercise T2
10:35-12:25	FE-5	Progress 42 US Unpack

10:35-12:05	FE-3	Physical Exercise (ARED)
11:00-12:00	CDR	Physical Exercise (TVIS), Day 2
11:35-11:45	FE-6	Treadmill Exercise Video Recording Termination
11:45-11:55	FE-6	CIR Alignment Guide Removal
11:55-12:25	FE-6	Crew Medical Officer (CMO) Proficiency Training
12:05-13:25	FE-3	Overhead Crew Quarter Cleaning
12:15-12:55	CDR	Sampling condensate from CPB-K2M Gas-Liquid Mixture Filter (ФГС) to drink bags – terminate
12:25-12:35	FE-6	HAM Radio Power On
12:35-12:45	FE-5	PAO Hardware Setup
12:40-12:45	FE-6	ISSAC Window Shutter Open
12:45-12:55	FE-5	Crew Prep For PAO
12:50-13:15	FE-6	USND2. Software Installation
12:55-13:55	CDR	LUNCH
12:55-13:15	FE-5	PAO Event
13:10-14:10	FE-1, FE-4	LUNCH
13:15-14:15	FE-5, FE-6	LUNCH
13:25-14:25	FE-3	LUNCH
13:55-14:10	CDR	Private Medical Conference (<i>Ku + S-band</i>)
14:10-14:25	FE-4	Swapping Pilot ТОРУ РУД and PYO controllers for nominal after simulation / r/g 7097
14:10-15:10	CDR, FE-1	Prepacking cargo for return in Soyuz 231 DM
14:15-14:25	FE-5	PAO Hardware Deactivation
14:25-15:05	FE-4	EDV [KOB] Separation for Elektron (<i>Separate ЕДВ (KOB) lid 7, lid 823 into ЕДВ (KOB) lid 881 as necessary</i>)
14:25-15:15	FE-3	Crew Departure Prep
14:25-14:30	FE-6	USND2 Power On
14:25-14:35	FE-5	Glacier 2. Sample Retrieval
14:30-14:55	FE-6	Integrated Cardiovascular (ICV) Echo Ultrasound Scan Preparation
14:35-14:50	FE-5	POMS Questionnaire
14:55-15:50	FE-5	Integrated Cardiovascular (ICV) Echo Ultrasound Scan
15:00-15:50	FE-6	Integrated Cardiovascular (ICV) Echo Ultrasound Scan Assistance
15:05-15:45	FE-4	COЖ Maintenance
15:15-15:25	FE-3	Integrated Cardiovascular (ICV) Exercise Photography
15:20-16:50	CDR	Physical Exercise (ARED)
15:20-16:10	FE-1	Download Pille Dosimeter Readings
15:25-16:35	FE-3	Crew Departure Prep
15:45-17:15	FE-4	Physical Exercise (TVIS), Day 3
15:50-16:00	FE-6	Integrated Cardiovascular (ICV) Exercise Video Camera Setup
16:00-16:25	FE-5	Integrated Cardiovascular (ICV) Exercise Under Load
16:10-16:20	FE-1	Replacing PILLE flash card
16:25-17:00	FE-5	Integrated Cardiovascular (ICV) Echo Ultrasound Scan
16:25-16:55	FE-6	Integrated Cardiovascular (ICV) Echo Ultrasound Scan Assistance
16:35-16:40	FE-3	Integrated Cardiovascular (ICV) Exercise Photography

16:40-17:20	FE-3	Crew Departure Prep
16:45-18:15	FE-1	Physical Exercise (TVIS), Day 1
16:50-17:20	CDR	SEINER Ocean Observations
17:00-18:00	FE-5	Physical Exercise (CEVIS)
17:00-17:10	FE-6	USND2. Data Transfer
17:10-17:15	FE-6	P/L Multi-Protocol Converter (MPC) Power On
17:15-18:30	FE-6	Physical Exercise (ARED)
17:15-17:45	FE-4	Removing two KЛ-152M TV cameras and CГ2-14B light units from Soyuz 702 Descent Module (<i>Prepack TV cameras for return on Soyuz 231 and light units for disposal in Soyuz 231 Orbital Module</i>)
17:20-17:50	FE-3	VIABLE Reconfig
17:20-18:20	CDR	Progress 410 Transfers and IMS Updates
17:50-18:05	FE-3	VIABLE Bag Inspection
18:00-18:15	FE-4	Private Medical Conference (<i>Ku + S-band</i>)
18:05-18:30	FE-3	Evening Work Prep
18:15-18:30	FE-1	Private Medical Conference (<i>Ku + S-band</i>)
18:15-18:30	FE-5	USND2 Hardware Power Off And Stow
18:20-18:30	CDR	Transfer TVIS video for ground downlink
18:30-18:55		Daily Planning Conference (<i>S-band</i>)
18:55-19:10	FE-5	Returning stowage bags following Ultrasound 2 operations
18:55-19:25	FE-6	Evening Work Prep
18:55-19:10	CDR	
18:55-19:30	FE-1, FE-3, FE-4	
19:10-19:30	FE-5	
19:10-19:30	CDR	IMS Update
19:25-19:30	FE-6	P/L Multi-Protocol Converter (MPC) Power Off
19:30-19:35	FE-3	MPC Power Up
19:30-21:20	FE-4	Pre-sleep
19:30-21:25	FE-6	
19:30-21:30	CDR, FE-1, FE-5	
19:35-21:25	FE-3	
21:20-21:30	FE-4	RUSALKA. Battery charge (start)
21:25-21:30	FE-3	MPC Power Down
21:25-21:30	FE-6	ISSAC Window Shutter Close
21:30-06:00		SLEEP
Task List	CDR,FE-1,FE-4	Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram