

Radiogram No. 6964u

Form 24 for 08/11/2011

**LOADING EQUIPMENT FOR DISPOSAL INTO PROGRESS**

<b>GMT</b>	<b>CREW</b>	<b>ACTIVITY</b>
06:00-06:10	<b>FE-1</b>	Morning Inspection <i>SM PCC [Caution &amp; Warning Panel] Test</i>
06:00-06:10	<b>CDR, FE-3, FE-6</b>	Morning Inspection
06:00-06:20	<b>FE-5</b>	HRF Urine Sample Collection Subject
06:00-06:10	<b>FE-4</b>	SONOCARD Experiment Termination
06:10-06:40	<b>CDR, FE-1, FE-3, FE-6</b>	Post-sleep
06:10-07:10	<b>FE-4</b>	SPRUT-2. Experiment Ops. <i>Tagup with specialists (S-band)</i>
06:20-06:30	<b>FE-5</b>	HRF Blood Sample Insertion into MELFI
06:30-07:30	<b>FE-5</b>	BREAKFAST
06:40-07:25	<b>CDR</b>	
06:40-07:30	<b>FE-1, FE-3, FE-6</b>	
07:10-07:30	<b>FE-4</b>	Post-sleep
07:25-07:30	<b>CDR</b>	PLANTS-2. Payload Status Check
07:30-07:50		Daily Planning Conference <i>(S-band)</i>
07:50-08:15	<b>FE-5</b>	Post-sleep
07:50-08:10	<b>FE-4</b>	Post-sleep
07:50-08:15	<b>FE-1</b>	On-orbit Hearing Assessment using EARQ
07:50-08:00	<b>CDR</b>	Work Prep
07:50-08:10	<b>FE-3</b>	
07:50-08:05	<b>FE-6</b>	
08:00-08:15	<b>CDR</b>	BAR Pyren Charging Start
08:05-08:15	<b>FE-6</b>	Glove Box (MSG) Activation
08:10-09:00	<b>FE-4</b>	BREAKFAST
08:10-08:35	<b>FE-3</b>	On-orbit Hearing Assessment using EARQ
08:15-09:20	<b>CDR</b>	PNEUMOCARD Experiment Ops. <i>Tagup with specialists (S-band)</i>
08:15-08:35	<b>FE-6</b>	SHERE. Hardware Activation
08:15-08:30	<b>FE-5</b>	Private Psychological Conference
08:20-09:50	<b>FE-1</b>	Physical Exercise (TVIS), Day 2
08:30-10:00	<b>FE-5</b>	Physical Exercise (ARED)
08:35-08:45	<b>FE-3</b>	HAM Radio Session Setup
08:35-08:50	<b>FE-6</b>	SHERE. Kit Unstow
08:45-09:00	<b>FE-3</b>	ISS HAM Radio Session from SM
08:50-09:25	<b>FE-6</b>	SHERE. Fluid Module Installation
09:00-10:00	<b>FE-3</b>	Physical Exercise T 2
09:00-09:20	<b>FE-4</b>	Work Prep
09:20-09:35	<b>FE-4</b>	SONOCARD Copy Data to RSE-MED Laptop
09:20-10:20	<b>CDR</b>	Physical Exercise (TVIS), Day 2
09:30-09:55	<b>FE-6</b>	SHERE. Fluid Module Removal
09:50-12:30	<b>FE-1</b>	Treatment of areas behind FGB panels 403, 203 with Fungistat
09:55-10:10	<b>FE-6</b>	SHERE Fluid Module Operation Between Runs
10:00-10:20	<b>FE-3</b>	Troubleshooting of ARED Display
10:00-11:00	<b>FE-5</b>	Physical Exercise T 2
10:10-10:45	<b>FE-6</b>	SHERE. Fluid Module Installation

10:20-11:50	FE-3	Physical Exercise (ARED)
10:20-11:20	<b>FE-4</b>	Physical Exercise (TVIS), Day 3
10:35-11:35	<b>CDR</b>	RELAXATION Hardware Setup. <i>Tagup with specialists (S-band)</i>
10:45-10:50	FE-6	ISSAC Window Shutter Open
10:55-11:00	FE-6	Oxygen Level Check
11:00-11:20	FE-5	HRF Urine Sample Collection Subject
11:20-12:20	<b>FE-4</b>	Stowing disposal hardware on Progress 411 with IMS updates
11:20-11:25	FE-5	HRF Blood Sample Insertion into MELFI
11:25-11:30	FE-5	Super Sensitive HDTV (SSHDTV) 8mm Lens setup for night view
11:30-11:40	FE-5	Super Sensitive HDTV Single Focus Lens 8mm 5-min recording for night view
11:35-12:30	<b>CDR</b>	RELAXATION. Activation, Mode Selection, and Observation. <i>Tagup with specialists (S-band)</i>
11:40-11:55	FE-5	Multipurpose Payload Rack Muffler Install
11:50-12:10	FE-3	Personal Protective Equipment (PPE) Search
12:05-12:25	FE-5	HRF Urine Sample Collection Subject
12:05-12:30	FE-6	SHERE. Fluid Module Removal
12:10-13:10	FE-3	LUNCH
12:20-12:25	<b>FE-4</b>	<b>On MCC Go</b> ISS O2 Repress from Progress 411 CpПК (start)
12:25-12:30	FE-5	HRF Blood Sample Insertion into MELFI
12:25-13:25	<b>FE-4</b>	LUNCH
12:30-13:30	<b>CDR, FE-1, FE-5, FE-6</b>	LUNCH
13:10-13:30	FE-3	Initiation of Water Recovery Management (WRM) Condensate Pumping
13:25-13:30	<b>FE-4</b>	ISS O2 repress from Progress 411 CpПК (terminate)
13:30-13:35		OBT ISS Emergency Proficiency Drill Pre-brief
13:35-14:15		On Board Training (OBT) International Space Station (ISS) Integrated RS/USOS Emergency Proficiency Drill (depress) / r/g 6980
14:15-14:20		Crew Debrief for Emergency Response On-board ISS ( <i>S-band</i> )
14:20-15:20	FE-3	Unpack US Cargo Delivered on Progress 410
14:20-15:50	<b>FE-4</b>	Stowing disposal hardware on Progress 411 with IMS updates
14:20-14:35	FE-6	SHERE Fluid Module Operation Between Runs
14:20-15:00	<b>CDR</b>	RELAXATION Data Copy and Hardware Removal. <i>Tagup with specialists (S-band)</i>
14:20-15:00	<b>FE-1</b>	24-hour ECG (termination)
14:20-14:40	FE-5	HRF Urine Sample Collection Subject
14:35-15:10	FE-6	SHERE. Fluid Module Installation
14:40-14:45	FE-5	HRF Blood Sample Insertion into MELFI
14:45-14:55	FE-5	Food Frequency Questionnaire
15:00-15:40	<b>FE-1</b>	IDENTIFICATION. Copy ИМУ-Ц micro-accelerometer data to laptop
15:00-15:50	<b>CDR</b>	24-hour ECG (start)
15:20-15:30	FE-3	FIR Alignment Guide Removal
15:30-15:35	FE-5	JEMRMS Robotics Laptop (RLT) Activation
15:35-15:40	FE-6	Crew installs 2 fresh Desiccant Packs after 24 hour dry out
15:40-15:50	FE-5	JEMRMS Final Activation
15:40-15:50	FE-3,FE-6	CWC Audit
15:50-16:00		RS ISS / USOS joint OBT conference ( <i>S-band</i> )
16:00-17:30	<b>FE-4</b>	Physical Exercise (VELO), Day 3
16:00-17:20	<b>FE-1</b>	Treatment of areas behind FGB panels 403, 203 with Fungistat <b>Report to MCC</b> activity completion status

16:00-17:00	FE-6	Physical Exercise (T2)
16:00-17:40	FE-3, FE-5	IMS CWC LAB Transfer
16:10-17:40	<b>CDR</b>	Physical Exercise (ARED)
17:00-17:25	FE-6	SHERE. Fluid Module Removal
17:25-17:40	FE-6	SHERE. Equipment Stow
17:30-18:30	<b>FE-1</b>	Physical Exercise (VELO), Day 2
17:30-18:10	<b>FE-4</b>	COX Maintenance
17:40-17:45	FE-3	WRS T-valve Reconfig
17:40-17:45	FE-6	SHERE. Data transfer
17:40-18:05	<b>CDR</b>	On-orbit Hearing Assessment using EARQ
17:40-17:50	FE-5	Evening Work Prep
17:45-17:50	FE-3	WHC UPA Config
17:45-19:00	FE-6	Physical Exercise (ARED)
17:55-18:45	FE-5	JEMRMS Small Fine Arm (SFA) Ungrapple
18:05-18:15	<b>CDR</b>	BAR. Terminate Pyren Charge
18:05-18:20	FE-3	Termination of Water Recovery Management (WRM) Condensate Pumping
18:10-18:30	<b>FE-4</b>	IMS Update
18:15-19:00	<b>CDR</b>	Evening Work Prep
18:20-18:35	FE-3	IMS and Stowage Conference
18:30-19:00	<b>FE-1, FE-4</b>	Evening Work Prep
18:35-19:00	FE-3	
18:45-19:00	FE-5	JEMRMS Deactivation Preparation Part 2
19:00-19:25		Daily Planning Conference ( <i>S-band</i> )
19:25-21:30	<b>CDR, FE-1</b>	Pre-sleep
19:25-19:30	FE-3	MPC Power Up
19:25-19:40	FE-6	SHERE Experiment Power Down
19:25-19:35	FE-5	HRF Blood Collection Hardware Setup
19:25-21:20	<b>FE-4</b>	Pre-sleep
19:30-21:25	FE-3	
19:35-21:30	FE-5	
19:40-19:45	FE-6	Glove Box (MSG) Powerdown
19:45-21:25	FE-6	Pre-sleep
21:20-21:30	<b>FE-4</b>	URAGAN. FSS PL Battery Charge (start)
21:25-21:30	FE-3	MPC Powerdown
21:25-21:30	FE-6	ISSAC Window Shutter Close
21:30-06:00		SLEEP
<b>Task List</b>	<b>CDR, FE-1, FE-4</b>	Preparation of reports for Roskosmos site

**Notes:**

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram