

Radiogram No. 6822u

Form 24 for 07/24/2011

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-4	Morning Inspection
06:00-06:10	FE-1	Morning Inspection. <i>SM ПСС [Caution & Warning Panel] Test</i>
06:00-06:05	FE-3,FE-5,FE-6	Reaction Self-test
06:05-06:15	FE-3,FE-5,FE-6	Morning Inspection
06:10-06:40	CDR,FE-1,FE-4	Post-sleep
06:15-06:45	FE-3,FE-5,FE-6	Post-sleep
06:40-07:30	CDR,FE-1,FE-4	BREAKFAST
06:45-07:35	FE-3,FE-5,FE-6	BREAKFAST
07:45-08:00	FE-5	Private Family Conference
09:00-10:00	FE-3	Physical Exercise (CEVIS)
09:25-09:40	FE-1	Private Family Conference (<i>S+Ku-band</i>)
10:00-11:30	FE-4	Physical Exercise (TVIS), Day 1
10:00-11:30	FE-3	Physical Exercise (ARED)
10:00-11:00	FE-6	Physical Exercise (CEVIS)
11:30-13:00	CDR	Physical Exercise (ARED)
11:30-12:30	FE-1	Physical Exercise (VELO), Day 4
11:40-11:55	FE-4	Private Family Conference (<i>S+Ku-band</i>)
13:00-14:00	.	LUNCH
14:00-14:40	FE-1	COЖ Maintenance. <i>SM and FGB Flush Counter (СП), Water Supply System (CBO), and POTOK Air Purification System Data Calldowns</i>
14:10-14:25	CDR	Private Family Conference (<i>S+Ku-band</i>)
15:30-16:30	FE-4	Physical Exercise (VELO), Day 1
15:35-17:05	FE-5	Physical Exercise (ARED)
15:50-16:05	FE-3	Private Family Conference
16:30-18:00	FE-1	Physical Exercise (TVIS), Day 4
17:00-17:05	FE-6	Set up video equipment to record ARED exercise
17:05-18:35	FE-6	Physical Exercise (ARED)
17:10-18:10	FE-5	Physical Exercise (CEVIS)
17:30-18:30	CDR	Physical Exercise (TVIS), Day 4
18:35-18:40	FE-3	Daily Diet Monitoring
18:30-18:40	FE-5	Transferring HRM data from the MEC to SSC for downlink
18:35-18:40	FE-6	Stow Video Equipment Used for ARED Exercise Video
18:40-19:05	.	Evening Work Prep
19:05-19:30	.	Daily Planning Conference (<i>S-band</i>)
19:30-21:30	CDR,FE-1,FE-4	Pre-sleep

19:30-21:25	FE-3,FE-5,FE-6	Pre-sleep
21:25-21:30	FE-3,FE-5,FE-6	Reaction Self-test
21:30-06:00	.	SLEEP
Task List	CDR,FE-1,FE-4	Preparation of reports for Roskosmos site
		Video Footage for The Orbital Station. Life On Orbit documentary
		SEINER Ocean Study
		ECON. Observations and Photography
		URAGAN. Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: daily food prep, dinner, pre-sleep
- End of Radiogram