

**SHUTTLE MENU STS-135  
(Stow By Day)**

**SANDY MAGNUS, MS-1 (BLUE)**

Meal	Day 1*	Day 2	Day 3	Day 4	Day 5	Day 6
<b>A</b>	<b>NO MEAL</b>	Granola w/ Blueberries (R) Breakfast Roll (FF) Peaches (I) Orange-Mango Drink (B)	Oatmeal w/ Raisins (R) Breakfast Roll (FF) Granola Bar (NF) Pears (I) Lemonade (B)	Oatmeal w/ Brown Sugar (R) Breakfast Roll (FF) Tropical Fruit Salad (I) Granola Bar (NF) Mango-Peach Smoothie (B)	Oatmeal w/ Brown Sugar (R) Breakfast Roll (FF) Tropical Fruit Salad (I) Mango-Peach Smoothie (B)	Granola w/ Blueberries (R) Breakfast Roll (FF) Peaches (I) Orange-Mango Drink (B)
<b>B</b>	<b>NO MEAL</b>	Fiesta Chicken (I) Broccoli au Gratin (R) Tortillas (FF) x2 Crackers (NF) Granola Bar (NF) Butter Cookies (NF) Cranapple Dessert (I)	Crawfish Etouffee (I) Macaroni & Cheese (R) Tortillas (FF) x2 Bread Pudding (I) Candy Coated Peanuts (NF)	Tuna Noodle Casserole (I) Red Beans & Rice (I) Tortillas (FF) x2 Cheddar Cheese Spread (I) Crackers (NF) Butter Cookies (NF) Brownie (NF)	<b>Chicken w/ Corn &amp; Black Beans</b> Crackers (NF) Tomato Basil Soup (I) Tortillas (FF) x2 Granola Bar (NF) Brownie (NF)	Fiesta Chicken (I) Broccoli au Gratin (R) Tortillas (FF) x2 Crackers (NF) Granola Bar (NF) Butter Cookies (NF) Cranapple Dessert (I)
<b>C</b>	Shrimp Cocktail (R) Curry Sauce w/ Vegetables (I) Creamed Spinach (R) Tortillas (FF) x2 Chocolate Pudding Cake (I)	Cheddar Cheese Spread (I) Tortillas (FF) x2 Black Beans (I) Tomatoes & Eggplant (I) Cherry Blueberry Cobbler (I) Candy Coated Chocolates (NF)	Shrimp Cocktail (R) Chicken w/ Peanut Sauce (I) Creamed Spinach (R) Tortillas (FF) x2 Cranapple Dessert (I) Brownie (NF)	Tomato Basil Soup (I) Tofu w/ Hoisin Sauce (I) Tortillas (FF) x2 Cauliflower w/ Cheese (R) Strawberries (R) Candy Coated Peanuts (NF)	Shrimp Cocktail (R) Curry Sauce w/ Vegetables (I) Creamed Spinach (R) Tortillas (FF) x2 Chocolate Pudding Cake (I)	Cheddar Cheese Spread (I) Tortillas (FF) x2 Black Beans (I) Tomatoes & Eggplant (I) Cherry Blueberry Cobbler (I) Candy Coated Chocolates (NF)

\*Day 1 consists of Meal C only

\*\*Day 13 consists of Meals A & B only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

**SHUTTLE MENU STS-135  
(Stow By Day)**

**SANDY MAGNUS, MS-1 (BLUE)**

Meal	Day 7 - <b>JULY 4th MEAL</b>	Day 8	Day 9	Day 10	Day 11	Day 12	Day 13**
<b>A</b>	Oatmeal w/ Raisins (R) Breakfast Roll (FF) Granola Bar (NF) Pears (I) Lemonade (B)	Oatmeal w/ Brown Sugar (R) Breakfast Roll (FF) Tropical Fruit Salad (I) Granola Bar (NF) Mango-Peach Smoothie (B)	Oatmeal w/ Brown Sugar (R) Breakfast Roll (FF) Tropical Fruit Salad (I) Mango-Peach Smoothie (B)	Granola w/ Blueberries (R) Breakfast Roll (FF) Peaches (I) Orange-Mango Drink (B)	Oatmeal w/ Raisins (R) Breakfast Roll (FF) Granola Bar (NF) Pears (I) Lemonade (B)	Oatmeal w/ Brown Sugar (R) Breakfast Roll (FF) Tropical Fruit Salad (I) Granola Bar (NF) Mango-Peach Smoothie (B)	Oatmeal w/ Brown Sugar (R) Breakfast Roll (FF) Tropical Fruit Salad (I) Mango-Peach Smoothie (B)
<b>B</b>	Crawfish Etouffee (I) Macaroni & Cheese (R) Tortillas (FF) x2 Bread Pudding (I) Candy Coated Peanuts (NF)	Tuna Noodle Casserole (I) Red Beans & Rice (I) Tortillas (FF) x2 Cheddar Cheese Spread (I) Crackers (NF) Butter Cookies (NF) Brownie (NF)	<b>Chicken w/Corn &amp; Black Beans</b> Crackers (NF) Tomato Basil Soup (I) Tortillas (FF) x2 Granola Bar (NF) Brownie (NF)	Fiesta Chicken (I) Broccoli au Gratin (R) Tortillas (FF) x2 Crackers (NF) Granola Bar (NF) Butter Cookies (NF) Cranapple Dessert (I)	Crawfish Etouffee (I) Macaroni & Cheese (R) Tortillas (FF) x2 Bread Pudding (I) Candy Coated Peanuts (NF)	Tuna Noodle Casserole (I) Red Beans & Rice (I) Tortillas (FF) x2 Cheddar Cheese Spread (I) Crackers (NF) Butter Cookies (NF) Brownie (NF)	<b>Chicken w/Corn &amp; Black Beans</b> Crackers (NF) Tomato Basil Soup (I) Tortillas (FF) x2 Granola Bar (NF) Brownie (NF)
<b>C</b>	<b>Brie (FF)</b> <b>Sausage (FF)</b> <b>Crackers (FF) x2</b> <b>Grilled Chicken (FF)</b> <b>Southwestern Corn (FF)</b> <b>Baked Beans (FF)</b> <b>Hostess Apple Pie (FF)</b>	Tomato Basil Soup (I) Tofu w/ Hoisin Sauce (I) Tortillas (FF) x2 Cauliflower w/ Cheese (R) Strawberries (R) Candy Coated Peanuts (NF)	Shrimp Cocktail (R) Curry Sauce w/ Vegetables (I) Creamed Spinach (R) Tortillas (FF) x2 Chocolate Pudding Cake (I)	Cheddar Cheese Spread (I) Tortillas (FF) x2 Black Beans (I) Tomatoes & Eggplant (I) Cherry Blueberry Cobbler (I) Candy Coated Chocolates (NF)	Shrimp Cocktail (R) Chicken w/ Peanut Sauce (I) Creamed Spinach (R) Tortillas (FF) x2 Cranapple Dessert (I) Brownie (NF)	Tomato Basil Soup (I) Tofu w/ Hoisin Sauce (I) Tortillas (FF) x2 Cauliflower w/ Cheese (R) Strawberries (R) Candy Coated Peanuts (NF)	

Special Meal