

CREW OFF-DUTY

GMT	CREW	ACTIVITY
23:55-00:05	CDR,FE-1	Morning inspection
00:05-00:35	CDR,FE-1	Post-sleep
00:35-01:25	CDR,FE-1	BREAKFAST
01:25-01:40	CDR,FE-1	Daily planning conference (<i>S-band</i>)
04:25-05:55	CDR	Physical exercise (ARED)
06:10-07:10	CDR,FE-1	LUNCH
07:10-07:30	.	Photo imagery of ISS and Shuttle crewmembers
08:00-08:40	FE-1	COЖ maintenance. SM and FGB СП,[CBO], [YOB] Potok data downlink
08:00-08:10	CDR	IZGIB-DACON. Hardware status check, initiate data transfer
08:10-08:25	CDR	Verify ИП-1 sensor position
08:40-09:10	CDR	IZGIB-DAKON. Data download to USB, archive cleaning, downlink to MCC
08:40-10:10	FE-1	Physical exercise (T2), day 4
10:55-11:10	.	ISS and Shuttle crew farewell ceremony
11:10-12:10	CDR	Physical exercise (T2), day 4
11:10-12:10	FE-1	Physical exercise (VELO), day 4
12:10-12:45	CDR,FE-1	Evening work prep
12:45-13:00	CDR,FE-1	Daily planning conference (<i>S-band</i>)
13:00-14:55	FE-1	Pre-sleep ops
13:00-13:05	CDR	Pre-sleep ops
13:05-13:20	CDR	Private family conference (<i>Ku+S-band</i>)
13:20-14:55	CDR	Pre-sleep ops
14:55-23:25		SLEEP
Task List	CDR,FE-1	Preparation of reports for Roscosmos website

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. Pre-sleep ops: dinner, daily food prep, pre-sleep
4. **See OSTP for FE-3 activities**

End of r/g