

CREW OFF DUTY

GMT	CREW	ACTIVITY
23:55-00:05	CDR, FE-1	Morning Inspection
00:05-00:35	CDR, FE-1	Post-sleep
00:35-01:25	CDR, FE-1	BREAKFAST
01:25-04:25	CDR, FE-1	Weekly Housekeeping SM Ventilation System Preventive Maintenance, Group E FGB LJB2 Fan Cleaning БМП (Micropurification Unit) screen cleaning
04:25-04:35	CDR	HAM hardware setup
05:00-05:15	CDR, FE-1	HAM Radio pass with "St. Petersburg Movie Screen" film festival
05:30-07:00	FE-1	Physical Exercise (ARED)
05:30-07:00	CDR	Physical Exercise (VELO), Day 3
07:00-08:00	CDR, FE-1	LUNCH
08:00-08:10	CDR	IZGIB-DAKON. Payload status check and data transfer initiation
08:00-08:40	FE-1	COЖ Maintenance
08:10-08:25	CDR	Verify ИП-1 sensor positions
08:40-09:10	CDR	IZGIB-DAKON. Data download to USB, archive cleaning, downlink to MCC
10:30-11:30	FE-1	Physical Exercise (VELO), Day 3
11:30-11:45	FE-1	Private Family Conference (<i>Ku + S-band</i>)
12:10-13:00	CDR	Physical Exercise (T2), Day 3
13:10-13:25	CDR, FE-1	Daily Planning Conference (<i>S-band</i>)
13:25-15:25	CDR, FE-1	Pre-sleep
15:25-23:55	CDR, FE-1	SLEEP
Task list	CDR, FE-1	Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. **See OSTPV for FE-3 activities**

End of Radiogram