

SM Ventilation System Preventive Maintenance. Medical Operations

GMT	CREW	ACTIVITY
23:55-00:05		Morning Inspection
00:05-00:35		Post-sleep
00:35-01:25		Breakfast
01:25-01:40		Daily Planning Conference (<i>S-band</i>)
01:40-03:10	CDR FE-1 assist	Assessment of orthostatic endurance during Lower Body Negative Pressure (LBNP). <i>Tagup with specialists (VHF+S-band)</i> ⁸
03:10-04:40	FE-1 CDR assist	
04:40-05:40	CDR	Physical Exercise (VELO), Day 1
04:40-05:50	FE-1	ПФ1-4 dust filter cartridge changeout in SM. (ФГБ1ПГО_2_224_1 bag 408-13 or ФГБ1ПГО_2_226_1 bag 409-32-2. Update IMS) Dust filter photo imagery before cleaning
05:40-05:50	CDR	IZGIB-DAKON. Payload status check, data recording initiation
05:50-06:50	FE-1	Physical Exercise (VELO), Day 4
06:20-06:50	CDR	IZGIB-DAKON. Data download to USB, archive cleaning, downlink to MCC
06:50-07:50	CDR, FE-1	Midday Meal
07:50-09:30	CDR	Laser Communication System cable 17KC.10Ю 8210A-9170 and -6720 installation and mating. <i>Tagup with specialists (S-band+ VHF)</i>
07:50-08:30	FE-1	СОЖ maintenance
08:30-08:45	FE-1	Verify ИП-1 flow meter positions
08:45-09:05	FE-1	IMS update
09:40-10:20		Crew conference
10:20-11:10	CDR	Laser Communication System cable 17KC.10Ю 8210A-9170 and -6720 installation and mating. <i>Tagup with specialists (S-band+ VHF)</i>
10:20-11:50	FE-1	Physical Exercise (ARED)
11:15-11:30	CDR	Private Medical Conference (<i>Ku+S-band</i>)
11:30-13:00	CDR	Physical Exercise (T2), Day 1
12:00-12:15	FE-1	Private Medical Conference (<i>Ku+S-band</i>)
12:15-12:30	FE-1	URISYS hardware (CM1PO_1_134_1,00049595R) setup for operation (without calibration)
12:30-13:10	FE-1	Evening Work Prep
13:00-13:10	CDR	Evening Work Prep
13:10-13:25		Daily Planning Conference (<i>S-band</i>)
13:25-15:25	CDR, FE-1	Pre-sleep
15:25-23:55		SLEEP
Task List	CDR, FE-1	Preparation of reports for Roskosmos site

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. Pre-sleep ops: daily food prep, dinner, pre-sleep
4. **See OSTVP for FE-3 activities**

End of Radiogram