

Radiogram No. 6156u`

Form 24 for 05/08/2011

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-2	Morning Inspection
06:00-06:05	FE-1	Elektron-VM System Monitoring
06:00-06:05	FE-3,FE-6	REACTION Self Test
06:00-06:20	FE-5	HRF Urine Sample Collection Subject
06:05-06:10	FE-1,FE-3,FE-6	Morning Inspection
06:10-06:40	CDR,FE-1,FE-2,FE-3,FE-6	Post-sleep
06:20-06:25	FE-5	Urine Spot Test
06:25-06:35	FE-5	HRF - Urine Sample Insertion Into MELFI
06:35-06:40	FE-5	REACTION Self Test
06:40-07:35	FE-1,FE-3,FE-6	BREAKFAST
06:40-07:10	FE-5	Post-sleep
06:40-07:30	CDR,FE-2	BREAKFAST
07:10-08:10	FE-5	BREAKFAST
08:30-08:45	CDR,FE-1,FE-2	Ham radio session with Irkutsk
08:35-08:50	FE-5	Private Family Conference
08:45-10:15	FE-2	Physical Exercise (T2) Day 3
08:45-09:45	FE-1	Physical Exercise (ARED)
10:00-11:30	FE-6	Physical Exercise (ARED)
10:30-11:30	FE-5	Physical Exercise T 2
11:25-11:40	CDR,FE-1,FE-2	HAM Radio Session with WWII veterans at the site of the Kursk Bulge battle
11:30-13:00	FE-5	Physical Exercise (ARED)
11:30-12:30	FE-6	Physical Exercise T 2
12:45-13:00	FE-2	Roskosmos video file prep and downlink using OCA
13:00-14:00	.	LUNCH
14:00-14:05	FE-5	PROK Diet Logging (Day 2-4)
14:00-14:40	FE-2	COЖ Maintenance. <i>SM and FGB Water Supply System (CBO), Flush Counter (СП), and POTOK Air Purification System Data Calldowns</i>
14:25-14:45	FE-5	HRF Urine Sample Collection Subject
14:45-14:50	FE-5	HRF - Urine Sample Insertion Into MELFI
15:10-15:25	FE-3	Private Family Conference
15:10-16:40	FE-1	Physical Exercise (T2) Day 3
16:10-17:10	FE-2	Physical Exercise (VELO), Day 3
16:10-17:10	CDR	Physical Exercise (T2) Day 1
16:10-17:10	FE-3	Physical Exercise (CEVIS)
17:10-18:40	FE-3	Physical Exercise (ARED)
17:10-18:40	CDR	Physical Exercise (T2) Day 4

17:40-18:05	FE-5	Evening Work Prep
18:05-18:15	FE-6	HRF Blood Collection Hardware Setup
18:10-18:35	FE-1	Evening Work Prep
18:15-18:40	FE-2,FE-6	Evening Work Prep
18:15-18:35	FE-5	HRF Urine Sample Collection Subject
18:35-18:40	FE-5	HRF - Urine Sample Insertion Into MELFI
18:35-18:40	FE-1	Elektron-VM System Monitoring
18:40-19:05	.	Daily Planning Conference (<i>S-band</i>)
19:05-19:30	.	Evening Work Prep
19:30-21:30	CDR,FE-1,FE-2	Pre-sleep
19:30-21:25	FE-3,FE-5,FE-6	Pre-sleep
21:25-21:30	FE-3,FE-5,FE-6	REACTION Self Test
21:30-06:00	.	SLEEP
Task List	CDR,FE-1,FE-2	Preparation of reports for Roskosmos site
	CDR	ECON. Observations and Photography
	FE-2	SEINER Ocean Observations

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: (daily food prep, dinner, pre-sleep)
- End of Radiogram