

CREW OFF DUTY

GMT	CREW	ACTIVITY
06:00-06:10	CDR,FE-1, FE-5,FE-6	Morning Inspection
06:00-06:05	FE-4	Morning Inspection
06:00-06:05	FE-2	Elektron-VM Aerosol Filter Inspection
06:05-06:10	FE-2,FE-4	Morning Inspection Checking status of DC1 circuit breakers [A3C] and fuses
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
08:00-09:30	FE-6	Physical Exercise (ARED)
09:00-10:30	FE-1	Physical Exercise (TVIS), Day 4
09:30-10:30	FE-6	Physical Exercise T 2
10:00-10:05	CDR	MERLIN Status And Temperature Check
10:30-11:30	CDR	Physical Exercise T 2
10:30-12:00	FE-2	Physical Exercise (TVIS), Day 4
11:30-13:00	CDR	Physical Exercise (ARED)
13:00-14:00	.	LUNCH
14:00-14:40	FE-1	COJK Maintenance
14:20-14:35	FE-6	Private Family Conference
16:00-17:00	FE-4	Physical Exercise (VELO), Day 1
16:35-16:50	FE-5	Private Family Conference
17:00-18:30	FE-4	Physical Exercise (TVIS), Day 1
17:00-18:00	FE-5	Physical Exercise T 2
17:00-18:00	FE-2	Physical Exercise (ARED)
18:00-19:30	FE-5	Physical Exercise (ARED)
18:30-19:30	FE-1	Physical Exercise (VELO), Day 4
18:30-18:35	FE-2	Elektron-VM Aerosol Filter Inspection
19:30-21:30	.	Pre-sleep
21:30-06:00	.	SLEEP

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
 2. See OSTP for references to US activities
 3. Pre-sleep ops: (daily food prep, dinner, pre-sleep)
- End of Radiogram