

Radiogram No. 2650u

Form 24 for 03/21/10

**CREW OFF DUTY. 24-HOUR ACH-M НПМ 1,2,3 TEST.**

GMT	CREW	ACTIVITY
06:00-06:05	CDR	Elektron-VM Aerosol Filter Inspection
06:00-06:05	FE-5	Bisphosphonates Pill Ingestion
06:00-06:10	FE-6	Morning Inspection
06:05-06:10	CDR,FE-5	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-08:30	FE-5	Physical Exercise T 2
08:30-10:00	FE-5	Physical Exercise (ARED)
09:00-10:00	FE-6	Physical Exercise T 2
10:00-11:30	FE-6	Physical Exercise (ARED)
10:20-11:20	CDR	Physical Exercise (VELO), Day 3
11:20-12:50	CDR	Physical Exercise (TVIS), Day 3
13:10-13:25	CDR	24 hour ACH-M test in ISS+MRM2/No Vehicle configuration - start. <i>Tagup with specialists as necessary (S-band)</i>
13:30-14:30	.	LUNCH
15:45-16:25	CDR	COЖ Maintenance. <b>SM and FGB SVO, СП (Flush Counter), and POTOK Air Purification System Data Calldowns. Inspection of CPB-K2M hoses from МФ-Р up to БРПК separator</b>
17:00-17:05	CDR	24 hour ACH-M test in ISS+MRM2/No Vehicle configuration. <i>Tagup with specialists as necessary (S-band)</i>
17:30-17:45	FE-5	Private Family Conference
18:00-18:15	FE-6	Sound Level Meter Activation and Checkout
18:15-19:15	FE-5,FE-6	Evening Work Prep
18:55-19:00	CDR	Elektron-VM Aerosol Filter Inspection
19:00-19:15	CDR	Evening Work Prep
19:15-19:30	.	Daily Planning Conference ( <i>S-band</i> )
19:30-21:25	CDR	Pre-sleep
19:30-21:30	FE-5,FE-6	Pre-sleep
21:25-21:30	CDR	24 hour ACH-M test in ISS+MRM2/No Vehicle configuration. <i>Tagup with specialists as necessary (S-band)</i>
21:30-06:00	.	SLEEP
<b>Task List</b>	CDR	SEINER Ocean Observations
		ECON. Observations and Photography
		Lake Baikal Video

## Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
  2. See OSTP for references to US activities
  3. Pre-sleep ops: dinner, daily food prep, evening toilet
- End of Radiogram