

## SHUTTLE MENU STS-129

**NICOLE STOTT, MS-5 (GRAY)**

**Meal Day 9\***

**A**

**Day 10**

Oatmeal w/ Brown Sugar (R)  
 Mexican Scrambled Eggs (R)  
 Trail Mix (NF)  
 Green Tea (B)

**Day 11**

Nut & Fruit Granola Bar (NF)  
 Blueberry-Raspberry Yogurt (T)  
 Pears (T)  
 Green Tea (B)

**Day 12\*\***

Mexican Scrambled Eggs (R)  
 Granola w/ Blueberries (R)  
 Applesauce (T)  
 Green Tea (B)

**B**

Turkey Tetrazzini (R)  
 Carrot Coins (T)  
 Cashews (NF)  
 Pineapple (T)  
 Butter Cookies (NF)  
 Tea w/ Sugar (B)

Chicken w/ Corn & Black Beans (T)  
 Asparagus (R)  
 Tortilla (FF)  
 Strawberries (R)  
 Candy Coated Chocolates (NF)  
 Orange-Mango Drink (B)

Cream of Mushroom Soup (R)  
 Crackers (NF)  
 Chicken Strips in Salsa (T)  
 Tortilla (FF)  
 Peaches (T)  
 Candy Coated Almonds (NF)  
 Orange-Mango Drink (B)

**C**

Shrimp Cocktail (R)  
 BBQ Beef Brisket (I)  
 Broccoli au Gratin (R)  
 Mashed Potatoes (R)  
 Tortilla (FF)  
 Tapioca Pudding (T)  
 Tea w/ Sugar (B)

Cream of Mushroom Soup (R)  
 Crackers (NF)  
 Spaghetti w/ Meat Sauce (R)  
 Italian Vegetables (R)  
 Cherry-Blueberry Cobbler (T)  
 Orange-Mango Drink (B)

Sweet & Sour Pork (T)  
 Brown Rice (T)  
 Creamed Spinach (R)  
 Almonds (NF)  
 Vanilla Pudding (T)  
 Tea w/ Sugar (B)

\*Day 9 consists of Meal C only

\*\*Day 12 consists of Meals A & B only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized