

Radiogram No. 583u

Form 24 for 06/27/09

CREW OFF DUTY. CHARGING IRIDIUM PHONE

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-10:30	FE-1, FE-2	Weekly Housekeeping
07:30-10:30	CDR, FE-3	Weekly Housekeeping Grille cleaning in ВПхО, ВПрК, ФС5, ФС6, ФС9, and FGB ЦБ2 fan
07:35-08:35	FE-4	Physical Exercise (TVIS)
08:35-10:05		Physical Exercise (ARED)
09:30-09:35	FE-5	HAM Radio Setup
09:35-09:45		HAM Radio Session
10:05-13:05	FE-4, FE-5	Weekly Housekeeping
10:30-11:45	FE-2	Physical Exercise (ARED)
11:25-12:25	CDR	Physical Exercise (TVIS) Day 1
11:45-13:00	FE-2	Physical Exercise (CEVIS)
12:00-13:00	FE-3	Physical Exercise (ARED)
12:25-12:55	CDR	Hygiene Procedures
12:55-13:05		Pre-filter cleaning in POTOK-150MK Air Purification System in FGB (Use vacuum cleaner equipped with narrow nozzle attachment; POTOK unit should be powered down)
13:05-13:35		Weekly Planning Conference (<i>S-band</i>)
13:35-14:35		LUNCH
14:35-14:50	CDR	IRIDIUM Phone Charging, Setup, Start Charge <i>Tagup with specialists as necessary (S-band)</i>
14:50-15:05	FE-4	Private Psychological Conference (<i>Ku + S-band</i>)
15:05-15:45	FE-3	COЖ Maintenance
15:05-15:10	CDR	IRIDIUM Phone Charging Status Check
15:20-15:25		
15:35-15:40		
15:40-15:50		
15:45-17:15	FE-1	Physical Exercise (ARED)
15:55-16:10	FE-3	IRIDIUM Phone Charging Setup, Start Charge. <i>Tagup with specialists as necessary (S-band)</i>
16:00-16:15	FE-4	Private Family Conference (<i>S-band</i>)
16:10-17:10	FE-5	Physical exercise (TVIS)
16:25-16:30	FE-3	IRIDIUM Phone Charging Status Check
16:40-16:45		
16:55-17:00		
17:00-17:10		
17:10-18:10		Physical Exercise (TVIS) Day 4
17:15-18:45	FE-5	Physical Exercise (ARED)
17:15-18:15	FE-1	Physical Exercise (CEVIS)

17:40-18:40	CDR	Physical Exercise (VELO) Day 1
18:10-18:40	FE-3	Hygiene Procedures
18:40-19:00	CDR,FE-3	Nitrogen Transfer to CpTK Section 2
19:25-19:30	FE-1	Transfer TVIS, CEVIS, and HRM Data to MEC
19:30-21:30		Pre-Sleep
21:30-06:00		SLEEP
Task List	CDR	ECON Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities
3. **Pre-sleep:** dinner, daily food prep, evening toilet

End of Radiogram