

Crew Off Duty. Shuttle Launch

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-3, FE-4, FE-5	Morning inspection
06:00-06:05	FE-1, FE-2	SLEEP data logging
06:05-06:10	FE-1, FE-2	Morning inspection
06:10-06:40		Post-sleep
06:40-07:30	.	BREAKFAST
07:30-09:00	FE-2	Periodic fitness check – routine ops (subject)
07:30-07:35	CDR	PLANTS-2. Hardware monitoring
07:30-07:35	FE-4	EFBM prep: Scopemeter charge
07:30-09:00	FE-5	Physical Exercise (ARED)
07:45-09:00	FE-1	Powering up HRF PC1 from SUP and connecting cable to Actiwatch
08:00-08:30	FE-4	Periodic fitness check – routine ops (assist)
08:30-09:00	FE-4	Orbital Satellite Comm System: changing out 1553 jumper
08:45-09:45	CDR	Physical Exercise (VELO) - 3
09:00-10:15	FE-2	Physical Exercise (ARED)
09:00-10:00	FE-1	Physical Exercise (CEVIS)
09:00-10:15	FE-4, FE-5	Return items prepack for return on 2J/A
09:45-10:15	CDR	Hygiene procedures
10:10-10:15	FE-1	PBA transfer
10:10-10:15	FE-3	On MCC Go ISS repress using oxygen from Progress No. 402 CPГK (start)
10:15-11:15	.	LUNCH
11:15-12:30	FE-1, FE-2	EVA tool prep
11:15-11:20	FE-3	ISS repress using oxygen from Progress No. 402 CPГK (term)
11:15-11:25	CDR	Complete discharge of 2 nd 825M3 unit of Orlan , and start 3 rd unit, serial No. 1268990196, b/c 00044938R, discharge
11:15-12:15	FE-5	Physical Exercise CEVIS
11:15-12:45	FE-4	Physical Exercise ARED
11:20-12:00	FE-3	COЖ maintenance
11:25-11:35	CDR	Cleaning pre-filter in YOB "Поток-150МК" in SM and FGB (use vacuum cleaner with slot head)
12:15-13:15	FE-3	Physical Exercise (VELO), day 3
12:15-12:30	FE-5	IMV valve flow rate measurements
12:30-12:50	FE-5	Marking damage size on the SLD
12:30-14:00	FE-1	Physical Exercise (ARED)
12:30-13:45	FE-2	Physical Exercise (CEVIS)
12:40-12:50	CDR	Photographing TVIS SLD damage
12:50-13:00	FE-5	SPD platform install
13:15-13:45	FE-3	Hygiene procedures
13:30-13:40	FE-5	FCF: alignment guide installation
13:40-13:45	FE-5	TVIS, CEVIS, and HRM data transfer to MEC

13:45-15:45	CDR, FE-2, FE-3, FE-4, FE-5	Pre-sleep
14:00-14:20	FE-1	
14:20-14:35	FE-1	Private psychological conference (<i>Ku+S-band</i>)
14:35-15:45	FE-1	Pre-sleep
15:45-00:15	.	SLEEP
Task List	CDR, FE-3	Urine transfer from EDB-Y to Progress No. 402 Rodnik tank
	CDR	URAGAN. Observation and photography
	CDR	EKON. Observation and photography

Notes:

1. Window No. 9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities

End of radiogram