

ORLAN-MK SUITED EXERCISE

GMT	CREW	ACTIVITY
06:00-06:10	CDR, FE-1, FE-2, FE-3	Morning inspection
06:00-06:05	FE-5	SLEEP Data Log for FE5
06:00-06:05	FE-4	SLEEP Data Log for FE4
06:05-06:20	FE-5	Post-sleep
06:05-06:10	FE-4	Morning inspection
06:10-06:30	FE-3	Post-sleep
06:10-06:40	CDR, FE-1, FE-2	
06:20-06:50	FE-4	
06:10-06:20	FE-4	Hematocrit. Hematocrit Test
06:20-06:30	FE-5	
06:30-06:40	FE-3	
06:30-06:45	FE-5	Post-sleep
06:40-07:00	FE-2	BREAKFAST
06:40-07:30	CDR, FE-1, FE-2	
06:40-06:45	FE-3	Hematocrit. Equipment Stow
06:45-07:35	FE-3, FE-5	BREAKFAST
06:50-07:35	FE-4	
07:00-07:20	FE-2	Crew preference conference (<i>S+Ku-band</i>)
07:20-07:30		BREAKFAST
07:30-07:35	CDR	PLANTS-2. Payload status check
	FE-1, FE-2	Work Prep
07:35-07:55	.	Daily Planning Conference (<i>S-band</i>)
07:55-08:05	CDR, FE-1	Work Prep
07:55-08:25	FE-3, FE-5	
07:55-08:20	FE-4	
08:00-08:05	FE-2	EHS GC/DMS Ops Start
08:05-08:25		PAO Hardware Setup
08:05-08:20	FE-1	DC1 Air Duct Removal (<i>do not remove B3 fan</i>)
	CDR	Comm config for suited run
08:20-08:40	CDR, FE-1	Orlan system checkout during exercise
08:20-08:25	FE-4	EPM Laptop installation and activation
08:25-08:35	FE-3	Checking for coolant leak on the КОБ2 4ГБ4 half-coupling shell
08:25-09:00	FE-4	MEEMM hard drive and LFH1 installation
08:25-08:45	FE-2	JAXA VIP PAO event (<i>Ku+S-band</i>)
08:40-08:55	CDR, FE-1	Orlan Interface Unit (ECC) Checkout
08:45-08:50	FE-2	PAO hardware deactivation
08:45-10:15	FE-3	Physical Exercise (TVIS) day 1
08:50-10:05	FE-2	Physical Exercise (ARED)
08:55-09:25	CDR, FE-1	EVA gear donning

09:00-09:40	FE-4, FE-5	Installation of EEG cap and electrodes
09:25-09:55	CDR, FE-1	Comm check and biomed telemetry test
09:40-10:50	FE-4	NEUROSPAT experiment run
	FE-5	Equipment pre-pack for return on Shuttle Flight 2J/A
09:55-10:05	CDR, FE-1	Orlan and BCC initial conditions check for the training exercise
10:05-11:20	FE-2	Physical Exercise (TVIS)
10:05-10:20	CDR, FE-1	Orlan ingress, sealing off backpacks
10:15-11:35	FE-3	Crew time for ISS adaptation and orientation
10:20-10:25	CDR, FE-1	Orlan and BCC controls checkout
10:25-10:30		Orlan and BCC preliminary leak check
10:30-10:45		Orlan fitcheck at spacesuit pressure = 0.4
10:45-11:30	CDR, FE-1	Suited translation exercise
10:50-11:00	FE-4, FE-5	EEG electrode photography
11:00-11:35	FE-4	NES equipment stow
11:00-12:10	FE-5	Equipment pre-pack for return on Shuttle Flight 2J/A
11:20-12:45	FE-2	CGSE VU removal
11:30-12:00	CDR, FE-1	Orlan egress
11:35-11:40	FE-4	EPM Laptop deactivation
11:35-11:55	FE-3	IMS update
11:40-13:10	FE-4	Physical Exercise (ARED)
12:00-13:00	CDR, FE-1, FE-3	LUNCH
12:10-13:10	FE-5	Physical Exercise (CEVIS)
13:00-13:30	FE-3	CMS Harmful Contaminant Measurements in SM
13:05-13:10	FE-2	EHS GC/DMS ops terminate
13:05-13:15	CDR	Post-exercise comm. reconfig for nominal ops
13:10-14:10	FE-2, FE-4, FE-5	LUNCH
13:15-15:15	CDR, FE-1	Post-exercise closeout ops, air duct installation
13:30-14:10	FE-3	COX maintenance
14:10-15:40	FE-2, FE-4, FE-5	Crew handover
14:10-17:10	FE-3	PILOT-M. Experiment using Neurolab for FE-3
15:15-15:55	CDR, FE-1	Installation of Orlan spacesuit replaceable components for EVA Restore nominal comm. configuration
15:40-17:10	FE-5	Physical Exercise (ARED)
15:40-16:40	FE-4	Physical Exercise (CEVIS)
15:45-15:50	FE-2	HAM radio setup
15:50-16:00		HAM radio session
15:55-16:55	CDR	Physical Exercise (VELO), day 1
16:00-17:00	FE-2	Crew departure prep
	FE-1	Physical Exercise (TVIS)
16:40-17:40	FE-4	Crew time for ISS adaptation and orientation
16:55-18:25	CDR	Physical Exercise (TVIS), day 1
17:00-17:05	FE-2	VOA powerdown
17:00-18:30	FE-1	Physical Exercise (ARED)
17:10-18:10	FE-3	Physical Exercise (VELO), day 1

17:20-17:35	FE-5	Private medical conference (<i>S-band</i>)
17:25-17:55	FE-2	EMU PWR degassing
17:40-18:40	FE-5	Crew time for ISS adaptation and orientation
17:40-18:20	FE-4	Evening work prep
17:55-18:15	FE-2	
18:10-18:25	FE-3	Private medical conference (<i>Ku+S-band</i>)
18:15-18:20	FE-2	QD JUMPER demate
18:20-18:30	FE-2, FE-4	CWC audit
18:25-18:40	CDR, FE-3	Evening work prep
18:30-18:35	FE-2	Transfer TVIS, CEVIS, and HRM data to MEC
18:30-18:40	FE-1, FE-4	Evening work prep
18:40-19:05	.	Daily planning conference (<i>S-band</i>)
19:05-19:30	CDR	Evening work prep
19:05-19:20	FE-3	
19:10-19:30	FE-1, FE-2, FE-4, FE-5	Crew conference on pre-pack (<i>S-band</i>)
19:20-21:20	FE-3	Presleep (dinner, daily food prep, evening toilet)
19:30-21:30	CDR, FE-1, FE-2, FE-4, FE-5	
21:20-21:30	FE-3	SONOCARD. Experiment start
21:30-06:00	.	SLEEP
Task list	CDR	PLANTS-2. Plants photography
		Uragan. Observation and imaging

Notes:

1. Window No. 9 shutter opening is at crew discretion with **Report to MCC**
2. See OSTP for references to US activities.
3. Tagups with specialists during all EVA prep activities (*S-band* + *VHF*)

End of radiogram