

SHUTTLE MENU STS-125

(Stow by Person)

DREW FEUSTEL, MS-5 (PURPLE)

Meal	Days 1* , 7 & 12**	Days 2 & 8 (EVA)	Days 3 & 9	Days 4 (EVA) & 10	Days 5 & 11	Day 6 (EVA)
A	Dried Apricots (IM) Chocolate Breakfast Drink (B) Grits w/ Butter (R) Scrambled Eggs (R) Peach-Apricot Drink (B)	Bran Chex (R) Blueberry-Raspberry Yogurt (I) Yogurt Covered Granola Bar (NF) Milky Way (FF) Clif Builder, Peanut Butter (NF) Cocoa (B) Orange Drink (B)	Oatmeal w/ Brown Sugar (R) Breakfast Sausage Links (I) Scrambled Eggs (R) Chocolate Breakfast Drink (B) Orange-Pineapple Drink (B)	Dried Pears (IM) Bran Chex (R) Yogurt Covered Granola Bar (NF) Mocha Yogurt (I) Milky Way (FF) Clif Builder, Peanut Butter (NF) Cocoa (B) Orange Drink (B)	Grits w/ Butter (R) Dried Apricots (IM) Scrambled Eggs (R) Chocolate Breakfast Drink (B) Orange-Pineapple Drink (B)	Oatmeal w/ Brown Sugar (R) Dried Pears (IM) Yogurt Covered Granola Bar (NF) Breakfast Sausage Links (I) Milky Way (FF) Clif Builder, Peanut Butter (NF) Cocoa (B) Peach-Apricot Drink (B)
B	Vegetarian Vegetable Soup (I) Crackers (NF) x2 Sweet & Sour Pork (I) Brown Rice (I) Strawberries (R) Candy Coated Almonds (NF) x2 Orange-Pineapple Drink (B) x2	Teriyaki Chicken (R) Mashed Potatoes (R) Applesauce (I) Cashews (NF) Shortbread Cookies (NF) Orange-Mango Drink (B)	Split Pea Soup (I) Crackers (NF) x2 Meatloaf (I) Pineapple (I) Peanuts (NF) Banana Pudding (I) Tropical Punch (B) x2	Vegetarian Vegetable Soup (I) Crackers (NF) x2 Grilled Pork Chop (I) Mashed Potatoes (R) Almonds (NF) Fruit Cocktail (I) Peach-Apricot Drink (B)	Chicken Noodle Soup (I) Crackers (NF) x2 Fiesta Chicken (I) Peaches (I) Cashews (NF) Butterscotch Pudding (I) Pineapple Drink (B) x2	Beef Stew (I) Crackers (NF) x2 Teriyaki Chicken (R) Fruit Cocktail (I) Candy Coated Almonds (NF) x2 Apple Cider (B)
C	Fiesta Chicken (I) Carrot Coins (I) Tortillas (FF) x2 Fruit Cocktail (I) Butter Cookies (NF) Tropical Punch (B)	Chicken Noodle Soup (I) Crackers (NF) x2 Beef Tips w/ Mushrooms (I) Tortillas (FF) x2 Peaches (I) Chocolate Pudding (I) Peach-Apricot Drink (B) x2	Chicken Fajitas (I) Black Beans (I) Tortillas (FF) x2 Strawberries (R) Candy Coated Chocolates (NF) x2 Apple Cider (B)	Curry Sauce w/ Vegetables (I) Brown Rice (I) Tortillas (FF) x2 Applesauce (I) Candy Coated Peanuts (NF) x2 Orange-Mango Drink (B) x2	Beef Tips w/ Mushrooms (I) Mashed Potatoes (R) Tortillas (FF) x2 Pineapple (I) Shortbread Cookies (NF) Tropical Punch (B)	Chicken Fajitas (I) Black Beans (I) Tortillas (FF) x2 Peaches (I) Chocolate Pudding (I) Orange Drink (B) x2

*Day 1 consists of Meal C only

**Day 12 consists of Meal A only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized

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