

SHUTTLE MENU STS-119

KOICHI WAKATA, MS-5 (PURPLE)

Meal Day 1*

A

Day 2

Blueberry-Raspberry Yogurt (I)
 Mexican Scrambled Eggs (R)
 Oatmeal w/ Brown Sugar (R)
 Orange-Mango Drink (B)
 Green Tea (B)

Day 3

Nut & Fruit Granola Bar (NF)
 Seasoned Scrambled Eggs (R)
 Chocolate Breakfast Drink (B)
 Green Tea (B)

Day 4**

Dried Pears (IM)
 Mexican Scrambled Eggs (R)
 Oatmeal w/ Brown Sugar (R)
 Grapefruit Drink (B)
 Green Tea (B)

B

Shrimp Cocktail (R)
 Crackers (NF)
 Rice & Chicken (R)
 Almonds (NF)
 Candy Coated Chocolates (NF)
 Grapefruit Drink (B)

Chicken Fajitas (T)
 Tortillas (FF) x2
 Black Beans (T)
 Peaches (I)
 Chocolate Pudding Cake (T)
 Tea w/ Lemon (B)

Shrimp Cocktail (R)
 Turkey Tetrazzini (R)
 Noodles & Chicken (R)
 Strawberries (R)
 Candy Coated Almonds (NF)
 Grape Drink (B)

C BBQ Beef Brisket (I)
 Asparagus (R)
 Mashed Potatoes (R)
 Tortilla (FF) x2
 Cranapple Dessert (I)
 Tea w/ Lemon (B)

Chicken Strips in Salsa (T)
 Tortilla (FF) x2
 Strawberries (R)
 Macadamia Nuts (NF)
 Bread Pudding (T)
 Lemonade (B)

Tomato Basil Soup (T)
 Crackers (NF)
 Smoked Turkey (I)
Noodles & Chicken (R)
 Cashews (NF)
 Cherry-Blueberry Cobbler (T)

*Day 1 consists of Meal C only

**Day 4 consists of Meal A & B only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized