

SHUTTLE MENU STS-119

SANDY MAGNUS, MS-5 (GRAY)

Meal Day 12

A Oatmeal w/ Brown Sugar (R)
 Applesauce (I)
 Breakfast Roll (FF)
 Mango-Peach Smoothie (B)

B Hot & Sour Soup (I)
 Creamed Spinach (R)
 Crackers (NF)
 Cheddar Cheese Spread (I)
 Tapioca Pudding (I)
 Candy Coated Peanuts (NF)
 Butter Cookies (NF)
 Pineapple Drink (B)
 Orange-Mango Drink (B)

C Red Beans & Rice (I)
 Cauliflower w/ Cheese (R)
 Chicken Salad Spread (I)
 Tortilla (FF) x2
 Peach Ambrosia (R)
 Lemonade (B)

Day 13

Oatmeal w/ Brown Sugar (R)
 Strawberries (R)
 Shortbread Cookies (NF)
 Peach-Apricot Drink (B)

Cream of Mushroom Soup (R)
 Shrimp Cocktail (R)
 Cheddar Cheese Spread (I)
 Chicken Salad Spread (I)
 Tortilla (FF) x2
 Fruit Cocktail (I)
 Cranapple Dessert (I)
 Crackers (NF)
 Strawberry Drink (B)
 Lemonade (B)

Beef Enchiladas (I)
 Creamed Spinach (R)
 Black Beans (I)
 Brownie (NF)
 Cherry-Blueberry Cobbler (I)
 Orange-Pineapple Drink (B)

Day 14

Bread Pudding (I)
 Oatmeal w/ Raisins (R)
 Applesauce (I)
 Peach-Apricot Drink (B)

Tofu w/ Hot Mustard (T)
 Cheddar Cheese Spread (NF)
 Crackers (NF) x2
 Pineapple (T)
 Chicken Salad Spread (I)
 Tuna Salad Spread (I)
 Candy Coated Peanuts (NF)
 Orange-Mango Drink (B) x2

Fiesta Chicken (I)
 Tortilla (FF) x2
 Creamed Spinach (R)
 Macaroni & Cheese (R)
 Bread Pudding (I)
 Orange-Pineapple Drink (B)

Day 15**

Breakfast Sausage Links (I)
 Tortilla (FF)
Cheddar Cheese Spread (T)
 Pears (I)
 Mango-Peach Smoothie (B)

Tomato Basil Soup (T)
Crackers (NF)
 Smoked Turkey (I)
 Mashed Potatoes (R)
 Asparagus (R)
 Peaches (I)
 Candy Coated Almonds (NF)
 Pineapple Drink (B)

*Day 15 consists of Meals A & B only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (T) - Thermostabilized