

Radiogram No. 9465u Form 24 for 01/24/2009

HOUSEKEEPING. CREW OFF-DUTY

GMT	CREW	ACTIVITY
06:00-06:10		Morning Inspection
06:10-06:40		Post-sleep
06:40-07:30		BREAKFAST
07:30-07:50		Nutrition and Repository - Urine Sample Collection
07:50-07:55	CDR	Nutrition and Repository - Urine Sample MELFI Insertion
07:55-08:15		Nutrition and Repository - blood samples
07:55-08:10	FE-2	Nutrition and Repository - blood sampling operator
08:15-08:25		Nutrition and Repository - Refrigerated Centrifuge Setup
08:25-08:35	CDR	Nutrition and Repository- Refrigerated Centrifuge Config
09:05-09:25		Nutrition and Repository - Blood Sample Insertion into MELFI
09:15-09:35	FE-2	EPO (PL) demonstration - procedure review
09:25-09:35	CDR	Nutrition and Repository - Stow Blood Sample Collection and Processing Hardware
09:35-09:50	FE-2	Educational Payload Ops (EPO) Camcorder SetUp
09:35-10:35	CDR	Physical Exercise (TVIS)
09:50-10:15	FE-2	Education Payload Operations (EPO) Spacesuits 2 Demonstration (<i>Ku+S-band</i>)
10:05-11:20	FE-1	PNEUMOCARD. Experiment ops. <i>Tagup (S-band)</i>
10:15-10:25		Hardware stow after EPO
10:25-11:25	FE-2	Physical Exercise (TVIS)
10:35-10:45		Glove Box (MSG) Activation
10:45-12:15	CDR	SHEAR Equipment Stowage
11:20-12:50	FE-1	Physical Exercise (TVIS), day 4
11:30-13:00	FE-2	Physical Exercise (ARED)
12:15-12:35		LOCAD - Setting up experimental equipment
12:35-12:40	CDR	Glove Box (MSG) Powerdown
12:50-13:00	FE-1	Pre-filter cleaning in POTOK-150MK Air Purification System in FGB (<i>use vacuum cleaner equipped with narrow nozzle attachment and POTOK unit powered down</i>)
13:00-14:00		LUNCH
14:00-14:30		Weekly Planning Conference (<i>S-band</i>)
14:30-14:40	CDR	LOCAD swab ops with video
14:30-14:35	FE-2	OCA SSC router reboot
14:30-17:30	FE-1	Weekly Housekeeping Cleaning FGB ВПхО, ФС5, ФС6, ФС9, ВПрК, FGB ЦВ2 screens
14:35-14:40		SSC file server reboot
14:40-14:50	FE-2	Terminate EMU METOX Regeneration
14:50-17:50		Weekly Housekeeping
15:10-15:15	CDR	LOCAD Data recording ops for portable test system, phase 2
15:15-15:25		LOCAD swab ops with video
15:25-15:45		Nutrition and Repository - Urine Sample Collection

15:45-15:50		Nutrition and Repository - Urine Sample MELFI Insertion
15:55-16:00		LOCAD Data recording ops for portable test system, phase 2
16:00-16:10		LOCAD swab ops with video
16:40-16:45		LOCAD Data recording ops for portable test system, phase 2
16:45-16:55		LOCAD swab ops with video
16:55-17:15		Nutrition and Repository - Urine Sample Collection
17:15-17:20		Nutrition and Repository - Urine Sample MELFI Insertion
17:25-17:30		LOCAD Data recording ops for portable test system, phase 2
17:30-17:40		LOCAD - Portable test system stowage, post-experiment phase 2
17:30-17:50	FE-1	Restart Potok 150MK on FGB in automatic mode. Report to MCC (<i>Set up: activity starts 06:00; duration is 6 hours</i>)
17:50-18:30		COЖ Maintenance
17:50-17:55	FE-2	Potable Water Dispenser (PWD) Flush
17:55-19:25	CDR	Physical Exercise (ARED)
18:30-19:30	FE-1	Physical Exercise (VELO), day 4
19:30-21:30		Presleep (dinner, daily food prep, evening toilet)
21:30-06:00		SLEEP
Task List	FE-1	MATRYOSHKA-R. Monitoring Lulin-5 readings
		URAGAN. Observations and Photography
		ECON. Observations and Photography

Notes:

1. SM Window #9 shutter opening is at crew discretion w/ **Report to MCC**
2. See OSTP for references to US activities.

End of Radiogram