

SHUTTLE MENU STS-126

SANDY MAGNUS, MS-5 (PURPLE)

Meal Day 1*

A

Day 2

Oatmeal w Brown Sugar (R)
 Applesauce (I)
 Breakfast Roll (FF)
 Mango-Peach Smoothie (B)

Day 3

Oatmeal w/ Brown Sugar (R)
 Strawberries (R)
 Shortbread Cookies (NF)
 Peach-Apricot Drink (B)

Day 4

Blueberry-Raspberry Yogurt (I)
 Oatmeal w/ Raisins (R)
 Applesauce (I)
 Pineapple (I)
 Peach-Apricot Drink (B)

B

Hot & Sour Soup (I)
 Creamed Spinach (R)
 Crackers (NF)
 Cheddar Cheese Spread (I)
 Tapioca Pudding (I)
 Candy Coated Peanuts (NF)
 Butter Cookies (NF)
 Pineapple Drink (B)
 Orange-Mango Drink (B)

Cream of Mushroom Soup (R)
 Shrimp Cocktail (R)
 Cheddar Cheese Spread (I)
Hummus (FF)
 Tortilla (FF) x2
 Fruit Cocktail (I)
 Cranapple Dessert (I)
 Crackers (NF)
 Strawberry Drink (B)
 Lemonade (B)

NO MEAL

C

Tomato Basil Soup (I)
 Crackers (NF)
 Smoked Turkey (I)
 Mashed Potatoes (R)
 Asparagus (R)
 Cherry Blueberry Cobbler (I)
 Candy Coated Almonds (NF)
 Pineapple Drink (B)

Red Beans & Rice (I)
 Cauliflower w/ Cheese (R)
 Chicken Salad Spread (I)
 Tortilla (FF) x2
 Peach Ambrosia (R)
 Lemonade (B)

Beef Enchiladas (I)
 Creamed Spinach (R)
 Black Beans (I)
 Brownie (NF)
 Cherry-Blueberry Cobbler (I)
 Orange-Pineapple Drink (B)

NO MEAL

*Day 1 consists of Meal C only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized