

SHUTTLE MENU STS-126

Stow by Day

CHRIS FERGUSON, CDR (RED)

Meal	Days 1*, 5 & 15	Days 2, 9 & 16	Days 3 & 17**	Day 4	Days 6, 10 & 13	Day 11	Days 7 & 14
A	Dried Peaches (IM) Breakfast Roll (FF) Orange-Pineapple Drink (B) Kona Coffee w/Cream (B) x2	Dried Pears (IM) Scrambled Eggs (R) Granola (R) Kona Coffee w/Cream (B) x2	Dried Apricots (IM) Breakfast Roll (FF) Granola w/ Raisins (R) Grapefruit Drink (B) Kona Coffee w/Cream (B) x2	Dried Pears (IM) Oatmeal w/ Raisins & Spice (R) Granola (R) Orange-Mango Drink (B) Kona Coffee w/Cream (B) x2	Dried Apricots (IM) Granola w/ Blueberries (R) Trail Mix (IM) Strawberries (R) Orange-Grapefruit Drink (B) Kona Coffee w/Cream (B) x2	Dried Pears (IM) Oatmeal w/ Raisins & Spice (R) Granola (R) Orange-Mango Drink (B) Kona Coffee w/Cream (B) x2	Dried Pears (IM) Oatmeal w/ Brov Peanut Butter (FI) Tortilla (FF) x2 Kona Coffee w/C
B	BBQ Beef Brisket (I) Cheddar Cheese Spread (I) Peanut Butter (FF) Tortilla (FF) x2 Pineapple (I) Cashews (NF) Strawberry Drink (B) x2	Shrimp Cocktail (R) x2 Peanut Butter (FF) Grape Jelly (I) Tortilla (FF) x2 Fruit Cocktail (I) Trail Mix (IM) Peach-Apricot Drink (B) x2	Vegetarian Vegetable Soup (I) Crackers (NF) x2 Beef Enchiladas (I) Peanut Butter (FF) Tortilla (FF) x2 Granola Bar (NF) Lemonade (B) x2	NO MEAL	NO MEAL	Shrimp Cocktail (R) x2 Chicken Fajitas (I) Tortilla (FF) x2 Applesauce (I) Almonds (NF) Orange-Mango Drink (B) x2	Split Pea Soup (I) Crackers (NF) x2 Beef Fajitas (I) Peanut Butter (FI) Tortilla (FF) x2 Peanuts (NF) Brownie (NF) Pineapple Drink (I)
C	Smoked Turkey (I) Turkey Tetrazzini (R) Candied Yams (I) Tortilla (FF) x2 Bread Pudding (I) Grape Drink (B)	Seafood Gumbo (I) Crawfish Etouffee (I) Creamed Spinach (R) Tortilla (FF) x2 Brownie (NF) Peanuts (NF) Tropical Punch (B) x2	Lasagna w/ Meat (I) Spaghetti w/Meat Sauce (R) x2 Italian Vegetables (R) Butterscotch Pudding (I) Brownie (NF) Tea w/ Sugar (B)	NO MEAL	NO MEAL	Smoked Turkey (I) Candied Yams (I) Green Beans & Mushrooms (R) Cornbread Dressing (FF) Cranapple Dessert (I) Tea w/ Sugar (B)	Fiesta Chicken (I) Cauliflower w/ C Tortilla (FF) x2 Candy Coated Ah Cranapple Dessert Peach-Apricot D

Thanksgiving Meal

*Day 1 consists of Meal C only

**Day 17 consists of Meals A & B only

(B) - Beverage, (FF) - Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized