

SHUTTLE MENU STS-126

GREG CHAMITOFF, MS-5 (GREY)

Meal Day 14

A Oatmeal w/ Brown Sugar (R)
 Blueberry-Raspberry Yogurt (I)
 Vanilla Breakfast Drink (B)
 Orange Drink (B)

B Potato Soup (I)
 Crackers (NF) x2
 Grilled Pork Chop (I)
 Asparagus (R)
 Peaches (I)
 Butter Cookies (NF)
 Tea w/ Lemon & Sugar (B) x2

C Noodles & Chicken (R)
 Creamed Spinach (R)
 Potatoes au Gratin (R)
 Tortillas (FF) x2
 Vanilla Pudding (I)
 Peach-Apricot Drink (B)

Day 15

Grits w/ Butter (R)
 Granola (R)
 Mocha Yogurt (I)
 Fruit Cocktail (I)
 Peach-Apricot Drink (B)

Cream of Mushroom Soup (R)
 Crackers (NF) x2
 Peanut Butter (I)
 Grape Jelly (I)
 Tortillas (FF) x2
 Applesauce (I)
 Tea w/ Lemon & Sugar (B) x2

Rice & Chicken (R)
 Creamed Spinach (R)
 Tortillas (FF) x2
 Peaches (I)
 Butter Cookies (NF)
 Tea w/ Lemon & Sugar (B) x2

Day 16

Oatmeal w/ Brown Sugar (R)
 Cornflakes (R)
 Applesauce (I)
 Peaches (I)
 Orange Drink

Cheddar Cheese Spread (I)
 Crackers (NF) x2
 Beef Stroganoff (R)
 Fruit Cocktail (I)
 Bread Pudding (I)
 Tropical Punch (B)

Smoked Turkey (I)
 Candied Yams (I)
 Green Beans w/ Mushrooms (R)
 Applesauce (I)
 Tapioca Pudding (I)
 Tropical Punch (B)

Day 17*

Cheese Grits (I)
 Blueberry-Raspberry Yogurt (I)
 Strawberry Breakfast Drink (B)
 Peach-Apricot Drink (B)

Grilled Chicken (I)
 Mashed Potatoes (R)
 Asparagus (R)
 Tortillas (FF) x2
 Vanilla Pudding (I)
 Tea w/ Lemon & Sugar (B) x2

*Day 17 consists of Meals A & B only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized