

GMT	CREW	ACTIVITY
06:00-06:10	.	Morning Inspection
06:10-06:40	.	Post-sleep
06:40-07:30	.	BREAKFAST
07:30-07:55		Prep for Work
07:55-08:10	CDR , FE-1	Daily Planning Conference (S-band)
08:10-09:55		Progress 365 unpack and audit
09:55-10:25	CDR	Photography of imprints of docking mechanism probes of active docking assembly on receiving cone of passive CM-AO assembly
09:55-10:00	FE-1	Sony HVR-Z1J camcorder battery charge
10:25-11:55		ΦY TVIS-3
10:40-10:55	CDR	Private Psychological Conference (VHF)
10:55-11:15		Downlink of images/data of docking cone internal surface survey on OCA
10:55-12:25	FE-2	Exercise RED
11:55-13:25	CDR	Exercise TVIS -3
12:15-12:30	FE-1	Private Psychological Conference (VHF)
12:25-13:25	FE-2	Exercise CEVIS
12:30-13:25	FE-1	ODF replacement
13:25-14:25	.	Midday meal
14:25-14:30	FE-1	Sony HVR-Z1J camcorder battery charge
14:25-14:40	FE-2	Food Questionnaire
14:30-15:00	FE-1	ODF replacement
15:00-15:30	CDR	TB-Б-Ц "Address to Participants in International Conference "Life Support Systems as Means of Human Exploration of Deep Space". Interview for Zvezda TV Channel (T0 =15.00, T1, T2, T3-from СПП)
15:15-15:30	FE-1, FE-2	
15:30-16:55	FE-1	Progress 365 unpack and audit
15:30-17:35	CDR	
16:15-16:35	FE-2	VOL-SCI – hardware setup, connecting reading device to UOP and its charging
16:35-16:55		VOL-SCI – preparation of sampling points, placing 2 slides on test surfaces, removal of slides after 1-2 seconds
16:55-17:55	FE-1	Exercise (VELO+RED)-3
16:55-17:05	FE-2	VOL-SCI – surface sampling
17:25-17:30		VOL-SCI – recording data to iPV Log File after sample processing
17:30-17:40		VOL-SCI - surface sampling
17:35-18:15	CDR	COЖ maintenance
17:55-18:55	FE-1	Progress 365 unpack and audit
18:00-18:05	FE-2	VOL-SCI - recording data to iPV Log File after sample processing
18:05-18:15		VOL-SCI - surface sampling
18:15-19:15	CDR	Exercise (VELO+RED)-3
18:35-18:40	FE-2	VOL-SCI - recording data to iPV Log File after sample processing
18:40-18:50		VOL-SCI - surface sampling
18:55-19:10	FE-1	IMS update

19:10-19:15	FE-1	TVIS, RED, HRM data transfer to MEC
	FE-2	VOL-SCI - recording data to iPV Log File after sample processing
19:15-19:30	CDR, FE-1	Daily Planning Conference (<i>DPC</i>)
	FE-2	VOL-SCI – close out activities- clean up and equipment stow
19:30-20:00		Evening meal
20:00-20:30		Daily Food Prep
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP

Note:

Window #9 shutter opening is at crew discretion with **Report to MCC**
End of Radiogram