

## SHUTTLE MENU STS-124

**GREG CHAMITOFF, MS-5 (PURPLE)**

**Meal Day 1\***

**A**

**Day 2**

Mocha Yogurt (I)  
Grits w/ Butter (R)  
Granola Bar (NF)  
Peach-Apricot Drink (B)

**Day 3**

Vanilla Breakfast Drink (B)  
Cornflakes (R)  
Oatmeal w/ Brown Sugar (R)  
Orange Drink (B)

**Day 4**

Strawberry Breakfast Drink (B)  
Cheese Grits (I)  
Blueberry-Raspberry Yogurt (I)  
Peach-Apricot Drink (B)

**B**

Cream of Mushroom Soup (R)  
Crackers (NF) x2  
Peanut Butter (I)  
Grape Jelly (I)  
Tortillas (FF) x2  
Applesauce (I)  
Tea w/ Lemon & Sugar (B) x2

Cheddar Cheese Spread (I)  
Crackers (NF) x2  
Beef Stroganoff (R)  
Fruit Cocktail (I)  
Bread Pudding (I)  
Tropical Punch (B)

Potato Soup (I)  
Crackers (NF) x2  
Noodles & Chicken (R)  
Asparagus (R)  
Shortbread Cookies (NF)  
Tea w/ Lemon & Sugar (B) x2

**C**

Grilled Chicken (I)  
Mashed Potatoes (R)  
**Carrot Coins (T)**  
Tortillas (FF) x2  
Vanilla Pudding (I)  
Tea w/ Lemon & Sugar (B) x2

Rice & Chicken (R)  
Creamed Spinach (R)  
Tortillas (FF) x2  
Peaches (I)  
Butter Cookies (NF)  
Tea w/ Lemon & Sugar (B) x2

Smoked Turkey (I)  
Candied Yams (I)  
Green Beans w/ Mushrooms (R)  
Applesauce (I)  
Tapioca Pudding (I)  
Tropical Punch (B)

\*Day 1 consists of Meal C only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized