

SHUTTLE MENU STS-123

GARRETT REISMAN, MS-5 (PURPLE)

Meal Day 1*

A

Day 2

Sausage Pattie (R)
 Granola (R)
 Mexican Scrambled Eggs (R)
 Orange Drink (B)
 Kona Coffee w/ Sugar (B)

Day 3

Grits w/ Butter (R)
 Seasoned Scrambled Eggs (R)
 Oatmeal w/ Brown Sugar (R)
 Pineapple Drink (B)
 Cocoa (B)

Day 4

Cornflakes (R)
 Scrambled Eggs (R)
 Breakfast Sausage Links (I)
 Orange-Pineapple Drink (B)
 Kona Coffee w/ Sugar (B)

B

Hot & Sour Soup (I)
 Crackers (NF) x2
 Beef Ravioli (I)
 Italian Vegetables (R)
 Fruit Cocktail (I)
 Candy Coated Peanuts (NF)
 Tropical Punch (B)

Chicken Strips in Salsa (I)
 Tortilla (FF) x2
 Broccoli Au Gratin (R)
 Applesauce (I)
 Candy Coated Almonds (NF)
 Peach-Apricot Drink (B)

Vegetarian Vegetable Soup (I)

Crackers (NF) x2
 Beef Enchiladas (I)
 Pineapple (I)
 Trail Mix (IM)
 Apricot Cobbler (I)
 Lemon-Lime Drink (B)

C

Sweet & Sour Pork (I)
 Rice Pilaf (R)
 Tortilla (FF) x2
 Corn (R)
 Strawberries (R)
 Shortbread Cookies (NF)
 Lemonade (B)

Beef Fajitas (I)
 Southwestern Corn (I)
 Tortilla (FF) x2
 Cherry Blueberry Cobbler (I)
 Pears (I)
 Tea w/ Lemon & Sugar (B)

Shrimp Cocktail (R)
 BBQ Beef Brisket (I)
 Baked Beans (I)
 Macaroni & Cheese (R)
 Tortilla (FF) x2
 Strawberries (R)
 Brownie (NF)
 Tropical Punch (B)

*Day 1 consists of Meal C only

(B) - Beverage, (FF)- Fresh Food, (I) - Irradiated, (IM) - Intermediate Moisture, (NF) - Natural Form, (R) - Rehydratable, (I) - Thermostabilized